

12cea

THE 12TH CONFERENCE ON EMERGING ADULthood

HYATT HOUSE & HYATT PLACE

CHARLESTON, SOUTH CAROLINA, USA

JUNE 4-6, 2025



THRIVING IN COMPLEXITY

A Note from the President

It is my pleasure to welcome you to SSEA 2025, the 12th Conference on Emerging Adulthood.

As I write my final message as President of SSEA, I reflect on our journey together over the past two years. It has been an immense privilege to serve this society—a community built on intellectual curiosity, collaboration, and a deep commitment to advancing the study of emerging adulthood. As my term draws to a close, I want to express my gratitude for our collective work, acknowledge the transitions ahead, and extend a warm invitation to continue engaging in the SSEA's next phase.

Looking back, I am proud of our strides in strengthening our society's foundation as we grow. The launch of our new website has provided an accessible and engaging space for members to connect, share resources, and stay informed. Our appointed committees—Communications, Membership, Webinars/Events, and Mentorship—have continued to play a vital role in shaping our society's direction, ensuring that SSEA remains an inclusive and supportive space for scholars at all career stages.

Looking at our conference this week, we will build on that momentum from our first in-person conference in San Diego, California post COVID. While the previous conference did not only bring us back together in a shared physical space, it reaffirmed the importance of face-to-face dialogue in fostering meaningful scholarly or scientific exchange. As leadership, we would like to thank our dedicated conference co-chairs, Karla Vermeulen and Itzel Eguiluz, along with their program committee, for their hard work in what I do not doubt will be another special event.

Given the sociopolitical climate in which we currently find ourselves, the importance of the upcoming conference cannot be underestimated as we intentionally seek to create an welcoming, thought-provoking, and reflective space in which the diverse realities that shape emerging adulthood across contexts are valued. Our theme, *Thriving in Complexity*, is a call to explore the challenges young people face today and an opportunity to engage critically with how structures, identities, and global events shape their development.

One of the strengths of SSEA is the community we foster that brings this Society to life. I extend my deepest gratitude to the Leadership Team, Governing Council, and our appointed committee chairs, who have dedicated countless hours to making this society a space of connection and growth. Your work—often behind the scenes—has made a tangible difference, and I deeply appreciate your commitment.

As we prepare for transitions in leadership, I want to warmly welcome the incoming President, Carolyn Barry, and soon-to-be elected Governing Council members. Leadership changes are not just moments of transition but opportunities for renewal. I am confident that the next phase of SSEA will be guided by a strong vision and commitment. If you are a member considering stepping into a leadership role, I encourage you to do so in the next (2027) cycle. We are always seeking new voices and perspectives to guide the future of this society.

Finally, to our members—thank you. Thank you for your scholarship, engagement, willingness to mentor and be mentored, and contributions to the broader discussions on emerging adulthood. This is a collective endeavor; SSEA would not be what it is without you.

I look forward to seeing many of you at the upcoming conference and witnessing how SSEA continues to evolve. Let's continue to push the boundaries of our field, challenge existing paradigms, and create spaces that reflect the richness and complexity of emerging adulthood.

With gratitude and anticipation for what's ahead,

Byron G. Adams

Exiting President, Society for the Study of Emerging Adulthood (SSEA)



A Note from the Conference Chairs

Welcome to the 12th Conference on Emerging Adulthood

Greetings, colleagues! For some of us attending this event, the journey into emerging adulthood coincided with the very first Society for the Study of Emerging Adulthood conference in 2003. For others, researching this newly recognized developmental stage was a welcome pivot that led us to delve into the challenges and opportunities we were observing among our students, children, and community members.

Whether you're currently part of that cohort or you study its members (or both), we hope you'll share two fundamental beliefs that shaped this event's theme and programming. First, being an emerging adult in 2025 means existing in an unprecedentedly complicated world, with both challenges and opportunities that previous generations did not have to, or get to, balance. Second, while some emerging adults are grappling with mental health issues, worries about the future, and other difficulties, many are succeeding, or are on a path in that direction – even if success is defined by some young people very differently today than it was in the past.

Which brings us to a characteristic that we think defines today's emerging adults, as well as those who respect and admire them: Empathy. This very quality is what we have experienced and embraced in planning CEA 12. Indeed, our conference theme, "Thriving in Complexity," is only achievable through it. Therefore, we extend our sincere gratitude to our distinguished speakers: Dr. Lene A. Jensen, Dr. Dalal Katsiaficas, and Rick Silver, M.D., for their participation in this year's invited program. We eagerly anticipate learning from their insights, as well as from all of our presenters in dozens of symposia, innovative sessions, roundtables, and organized paper sessions. We'll also feature events with our outgoing President, Dr. Byron Adams, and incoming President, Dr. Carolyn Barry, and special collaborative events between SSEA and two other major professional organizations, the International Society for Research on Identity and the Society for Research on Adolescence. Our two poster sessions will demonstrate the work of many more scholars.

Many who are with us this week have attended multiple SSEA conferences in the past, both in person and virtually, while others are at their first SSEA event, and possibly their first academic conference ever. Whatever stage of life and career you are in personally, we think you'll agree with one firm conviction that our collective experiences have led us to: It is this generation – the emerging adults participating today and the students who many of us teach – who will shape the path forward in the years to come.

This conference, which usually features scholarship from numerous nations, is occurring amid complicated and often unsettling political conditions, in the US and in many parts of the world. To our shared loss, many (but thankfully not all) of our international colleagues who'd had presentations accepted have needed to withdraw their work. To our international participants who could not join us in person today, we acknowledge and deeply regret your absence and look forward to welcoming you at the 2027 Conference. We are optimistic about seeing a return to the strong international presence we enjoyed ten years ago in Miami. It is the people involved who truly make the SSEA what it is, and we're all the poorer for not being able to hear directly from our colleagues from around the world.

Finally, our deep appreciation goes to the amazing SSEA Leadership Team: Byron Adams, Carolyn Barry, Elizabeth Morgan, and Abby Goldstein. We also offer our eternal gratitude to SSEA Coordinator Lisa Gaudette, the driving force who keeps everything and everyone in motion. Special thanks as well to Luzelle Naude, Sam McKay, and everyone involved in making this conference a reality since our initial conversations at the end of the CEA11 in San Diego, including all who were involved in the submission review process.

So, for the next three days, let us engage in thoughtful discussion, share our perspectives, forge new connections, and above all, enjoy our time together. Joy, after all, is the most effective way to truly "Thrive in Complexity."

All our best,

Itzel Eguiluz & Karla Vermeulen

Conference Co-Chairs

Acknowledgements

SSEA Executive Leadership

Executive Director	Elizabeth Morgan, <i>Springfield College, USA</i>
President (2025-2027)	Carolyn Barry, <i>Loyola University, Maryland, USA</i>
President-elect (2027-2029)	Joseph Schwab, <i>Bridgewater State University, USA</i>
Past-President (2023-2025)	Byron G. Adams, <i>Tilburg University, the Netherlands</i>
Past-President (2021-2023)	Abby Goldstein, <i>University of Toronto, Canada</i>
Past-President (2019-2021)	Larry J. Nelson, <i>Brigham Young University, USA</i>
Past-President (2017-2019)	Seth J. Schwartz, <i>University of Miami, USA</i>

Governing Council

Daysi Diaz-Strong, <i>University of Illinois, USA</i>	(2023-2027)
Luzelle Naude, <i>University of the Free State, South Africa</i>	(2023-2027)
Shannon Claxton, <i>Morningside University, Iowa, USA</i>	(2025-2029)
Karla Vermeulen, <i>SUNY, NY, USA</i>	(2025-2029)

Emerging Scholar Representatives

Deeya Mitra, <i>Salisbury University, MD, USA</i>	(2023-2027)
Selma Ndatimpililwa Uugwaga, <i>University of Zurich, Switzerland</i>	(2023-2025)
Shannon Claxton, <i>Morningside University, Iowa, USA</i>	(2025-2029)
Lydia Jesutofunmi Adeladan, <i>University of Ibadan, Nigeria</i>	(2025-2029)

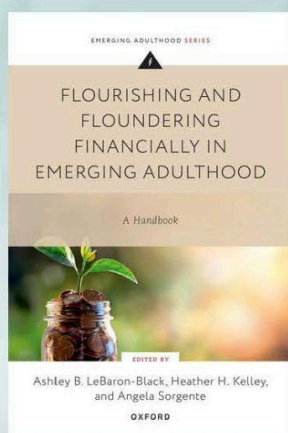
SSEA Coordinator

Lisa Gaudette, *Clark University, USA*

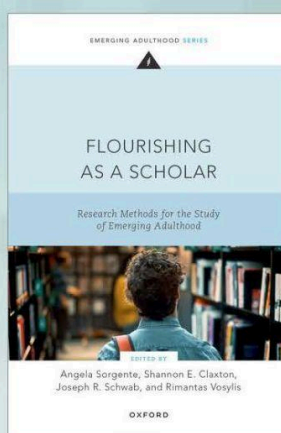
Emerging Adulthood Series

from Oxford University Press

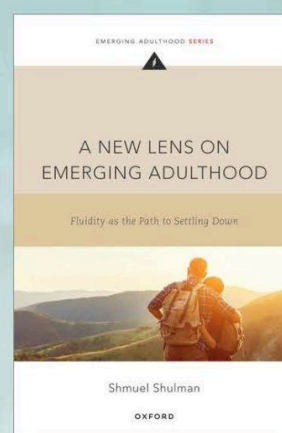
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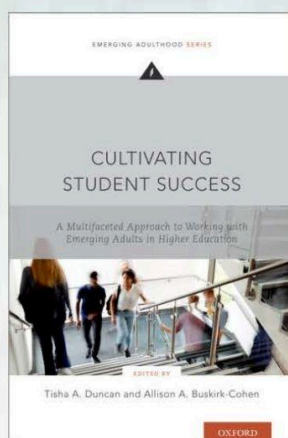
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A Handbook
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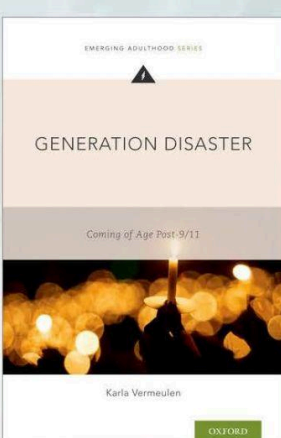
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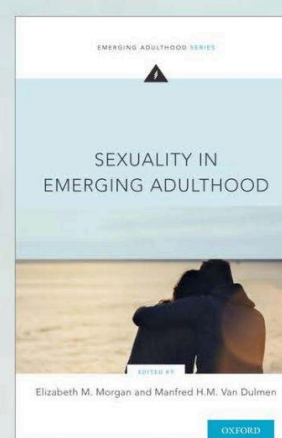
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Generation Disaster
Coming of Age Post-9/11
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To submit a query for publication or to discuss ideas for books, please contact
Hayley.Singer@oup.com

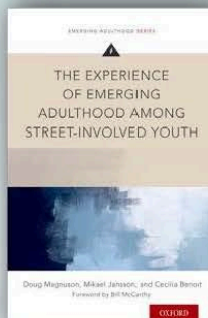




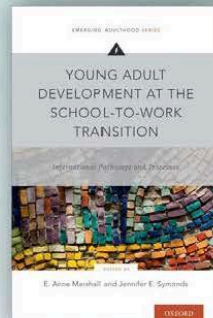
ABOUT THE SERIES

The *Emerging Adulthood Series* provides a publication venue that allows for an in-depth, multi-disciplinary, and multi-method examination into key factors that influence young peoples' paths into adulthood. It highlights the diversity and individual experiences that are often left out of attempts to categorize a time period, and examines the successes and struggles experienced by young people as they leave adolescence and move into and through their twenties.

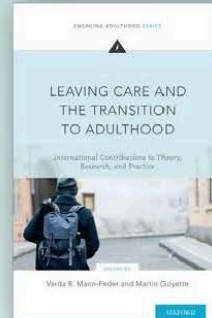
SERIES EDITOR Larry J. Nelson



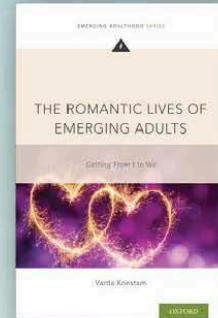
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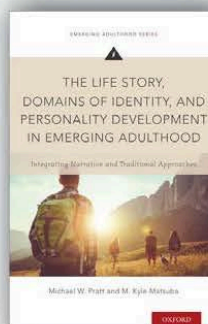
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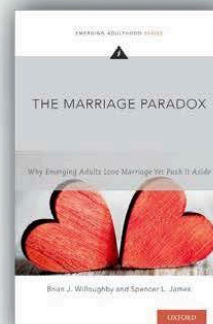
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International Contributions to Theory, Research, and Practice
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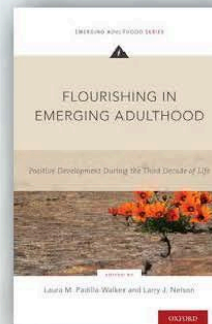
The Romantic Lives of Emerging Adults
Getting from I to We
ISBN: 9780190639778



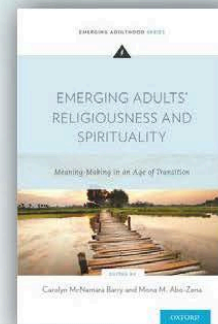
The Life Story, Domains of Identity, and Personality Development in Emerging Adulthood
Integrating Narrative and Traditional Approaches
ISBN: 9780199934263



The Marriage Paradox
Why Emerging Adults Love Marriage Yet Push it Aside
ISBN: 9780190296650



Flourishing in Emerging Adulthood
Positive Development During the Third Decade of Life
ISBN: 9780190260637



Emerging Adults' Religiousness and Spirituality
Meaning-Making in an Age of Transition
ISBN: 9780199959181

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Review Panel

The review process for SSEA 2025 was a huge undertaking. We are grateful for the scholars who served as reviewers.

Byron G. Adams
Aderonke Akintola
Carolyn Barry
Kaitlyn Burnell
Daysi Diaz-Strong
Itzel Eguiluz
Melissa Fenton
Abby Goldstein
Luzelle Naude
Spencer Olmstead
Dalal Katsiaficas
Jihan Mahmoud
Dena Matzenbacher
Samuel McKay
Alan Meca
Deeya Mitra
Elizabeth Morgan
Ohad Nahum
Filomena Sabatella
Tushar Singh
Robert Teese
Selma Uugwanga
Karla Vermeulen

Travel Awards

We are pleased to announce that the Society for the Study of Emerging Adulthood (SSEA) will support travel for the following International Scholars to attend SSEA 2025, the 12th Conference on Emerging Adulthood:

Lydia Jesutofunmi Adeladan, Nigeria
Aderonke A. Akintola, Nigeria
Yogesh Kumar Arya, India
Zipporah Kaaria, Kenya
Messay Ketecho, Ethiopia
Anne Wairimu Muchiri, Kenya
Ohad Nahum, Israel
Mette Ranta, Finland
Lyudmyla Romanyuk, Ukraine
Tushar Singh, India



Floor Plan – Hyatt House/Hyatt Place

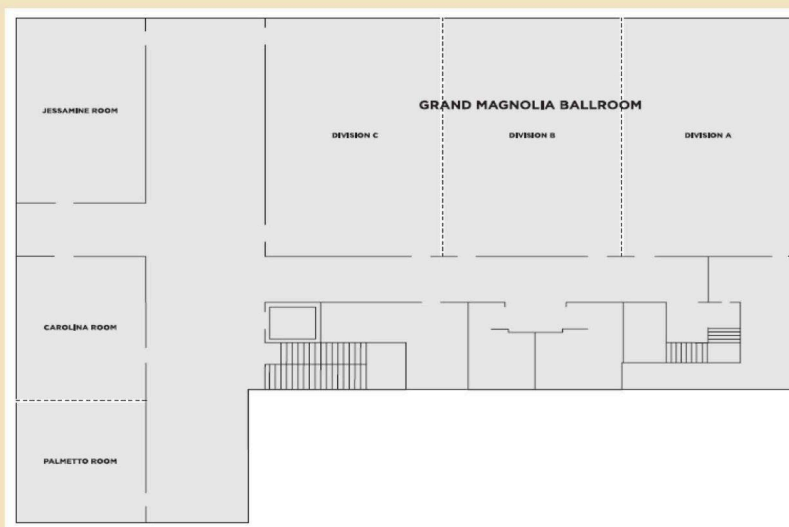
The registration desk will be located in the foyer and will be open at the following times:

Wednesday June 4: 7am -- 7pm

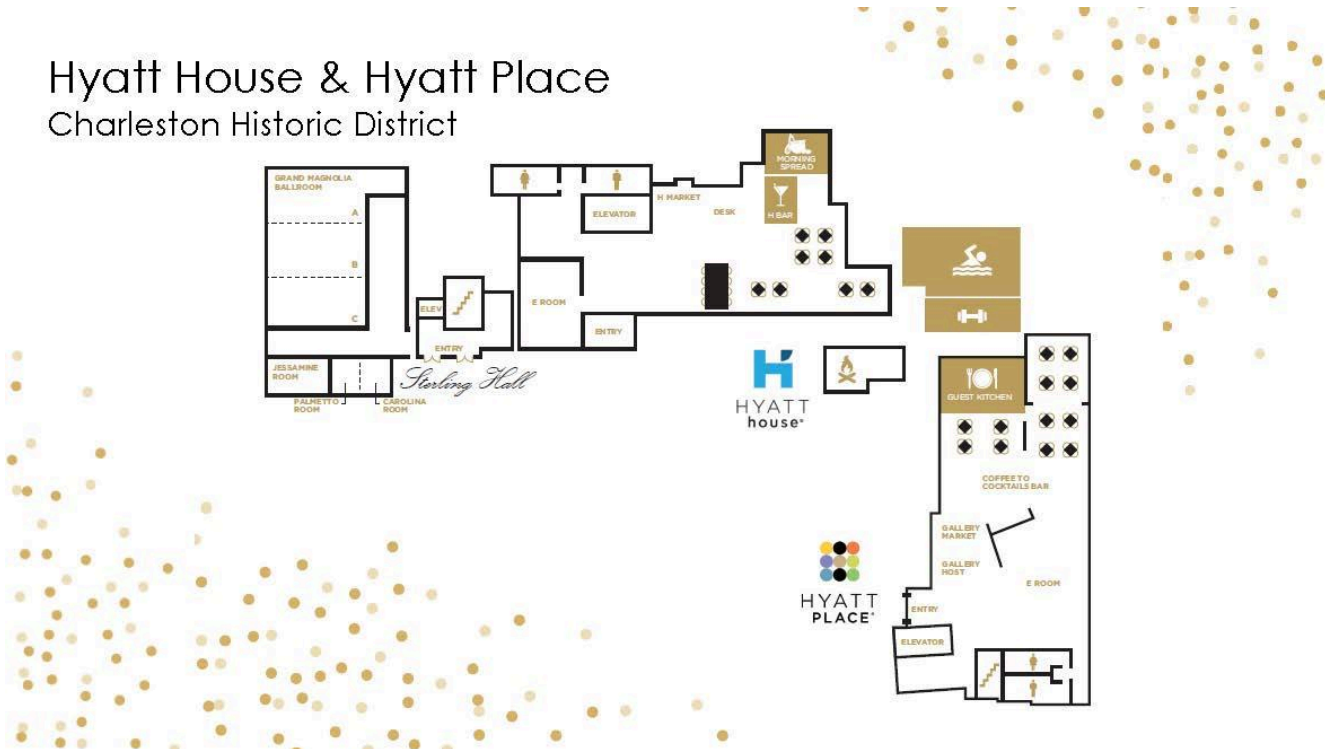
Thursday June 5: 7am -- 6pm

Friday June 6: 7am -- 6pm

Floor Plan



Hyatt House & Hyatt Place Charleston Historic District



Walkable Dining Options



Local Restaurants

- | | |
|--|---|
| The Ordinary – on property | The Grocery – 0.1 miles/2 min. walk |
| HOM – 0.1 miles/2 min. walk | Brown's Court Bakery – 0.1 miles/2 min. walk |
| Indaco – 0.1 miles/2 min. walk | Bourbon N' Bubbles – on property |
| Five Loaves Café – 0.2 miles/4 min. walk | Charleston Beer Works – 0.2 miles/4 min. walk |
| Prohibition – 0.2 miles/4 min. walk | The Daily – 0.3 miles/5 min. walk |
| The Alley – 0.2 miles/4 min. walk | Rarebit – 0.4 miles/7 min. walk |
| Uptown Social – 0.1 miles/2 min. walk | Café Felix – on property |
| Barsa – 0.3 miles/5 min. walk | Pour Taproom Rooftop – on property |
| Basil – 0.5 miles/8 min. walk | Xiao Bao Biscuit – 0.5 miles/8 min. walk |

Complimentary Downtown Shuttle



The highlighted parking spot is where the Hyatt Place + Hyatt House Charleston Historic District is located. From our location, guests can hop on the complimentary downtown shuttle to check out the South Carolina Aquarium, the City Market, Water Front Park, Charleston Museum, the Charleston Visitor Center, just to name a few! All shuttles are air-conditioned and wheelchair accessible!



COLLEGE OF CHARLESTON/ AQUARIUM	LOCKWOOD/CALHOUN	MEETING/KING
SC Aquarium College of Charleston Visitors Center	Visitors Center College of Charleston Medical Complex Ashley River Hotels Citadel/Stadiums	Visitors Center Historic King Street Four Corners of Low Broad Street Shopping District Waterfront Park City Market Charleston Museum Upper King/Design District
Schedule Available in Alternative Formats Upon Request Telecommunications Device for the Deaf (TDD) (843) 724-7190		

Local Attractions and/or Offsite Event Options



- South Carolina Aquarium
- Patriots Point
- Boone Hall Plantation
- Charleston City Market
- Harbor Tours
- ...Just to name a few!

Social Media “How To”

#SSEA2025

Thank you to our Social Media and Communications Team! Stay connected via social media at the 12th Conference on Emerging Adulthood Search for posts using #SSEA2025 on Facebook and Twitter

FACEBOOK

LIKE US: www.facebook.com/pages.ssea

HASHTAG US: Use #SSEA2025 whenever you post about the conference.

TAG US:

To tag the Society for the Study of Emerging Adulthood (SSEA) in wall status post, first, make sure you LIKE our page on Facebook (see above). Then, type your post @ Society for the Study of Emerging Adulthood (e.g., had a great time @ Society for the Study of Emerging Adulthood). The SSEA page will appear as a blue link on your status. You can also add the conference location (Hyatt Place, Hyatt House) and tag your friends.

POST PHOTOS:

To post a photo on the SSEA’s Facebook page, go to the SSEA page and post a photo/video. Select an image or a file from your computer, and click Post.

TWITTER

FOLLOW US: www.twitter.com/SSEmergingAdult

TWEET ABOUT US:

To tweet about the SSEA, use the Twitter handle @SSEmergingAdult. Also post pictures with your tweets or add a location (Hyatt Place, Hyatt House, Charleston, NC).

DISCUSS US!

To discuss the 12th Conference on Emerging Adulthood (e.g., events, trends, topics, etc.) use #SSEA2025

We look forward to your status updates, pictures, and tweets throughout the conference.

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THE 12TH CONFERENCE ON EMERGING ADULthood
HYATT HOUSE & HYATT PLACE
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Conference Schedule – Wednesday, June 4, 2025

SSEA-ISRI Identity Joint Pre-Conference Workshop
Morning session, Grand Magnolia B, 9-12pm



Dr. Mary Kate Koch, Presenter (Gonzaga University; pictured)

2025 SSEA Identity Issues Topic Network Preconference

This year, join us for an exciting collaboration between the SSEA Identity Issues Topic Network and the International Society for Research on Identity (ISRI)! During our full-day pre-conference, we will offer content of broad interest to scholars interested in topics relating to identity.

Morning Session

In the morning session, join us for the traditional ISRI roundtable. During this roundtable, attendees will be oriented to the day's events and introduce themselves to one another in the spirit of building a broader identity community.

For the second half of the morning session, join us for a methodology workshop hosted by Dr. Mary Kate Koch (Gonzaga University) entitled, "Text Mining Methods for Narratives and Other Textual Data":

The words young people use and the stories they choose to share can reveal a lot of information about important processes like identity development. However, making sense of these words can be intensive. Researchers are increasingly utilizing text mining methods, which offer powerful tools for exploring patterns in large-scale narrative and textual datasets. This workshop will introduce core methods in text mining, including preprocessing techniques, and basic natural language processing (i.e., topic modeling and sentiment analysis). These methods will be introduced using practical applications in developmental and psychological research, which will include discussing how to apply these tools to participant narratives, interviews, social media data, and other textual data sources. Participants will learn how to use text mining to identify themes and complement traditional qualitative coding approaches (e.g., thematic analysis). No prior programming experience is required. The workshop will include R code and guided exercises using sample data that will also be walked through during the session. At the conclusion of the session, attendees will be equipped with a foundation for incorporating text mining into their own research.

Emerging Scholars Works in Progress Pre-Conference Workshop Grand Magnolia C, 9-12pm

The Emerging Scholar Topic Network offers a valuable opportunity to engage with peers and experts in the field of emerging adulthood. This event is designed to help early-career researchers refine their work, gain constructive feedback, and connect with a supportive academic community.

Event Highlights

- Book Presentation: A 45-minute session featuring the authors of * Flourishing as a Scholar: Research Methods for the Study of Emerging Adulthood *
- Works-in-Progress Sessions: Share your research and receive tailored feedback!

9:00 - 9:45 Flourishing as a Scholar: Research Methods for the Study of Emerging Adulthood - Joseph Schwan and Shannon Claxton

10:00 - 10:15 Sarah Pierotti - Investigating Relations Between U.S. Latine College Students' Romantic Partner Support, Perspective Taking, Empathy, and Prosocial Behavior

10:15 - 10:30 Elisa Liang - The Role of the Hero's Journey and Other Stories in Emerging Adult Purpose Development

10:30 - 10:45 Haylee Snow - Purpose, Identity, and Mental Health: Exploring Transitions in Emerging Adulthood

11:00 - 11:15 Carol Marrero-Pláceres - Voices of Future Engineers: Exploring Emerging Adults' Perspectives on Socio-Emotional Competency Development in Engineering Education

11:15 - 11:30 Jackie Rieger - Impact of Parentification on the Expected Future Selves of Young Adults with Siblings with Autism

11:30-11:45 Keydy Henriquez - Moral Perspective on Cheating among Emerging Adults

11:45 - 12:00 Julia Gallo - Identity Development Among College Students: Happiness, Life Satisfaction & Personal Growth

12:00 Networking

SSEA-ISRI Identity Joint Pre-Conference Workshop Afternoon/Poster Session, Sterling Foyer, 1-5pm

The afternoon session will comprise two parts: a formal topic networking event and an invited poster session.

In the first half of the afternoon session, there will be a formal small-group networking event. Small groups will be organized by topics of common interest (e.g., gender and sexual orientation, narrative,

mental health). A menu of questions will be provided to inspire conversation and potential avenues for future collaboration.

Finally, in the invited poster session, come see nearly two dozen identity researchers present their groundbreaking research. The session features presenters from all academic levels (senior, early career, student) and will showcase work that is empirical, theoretical, and/or currently in progress. Poster session attendees, including experts in the field, will engage presenters in discussion about the presented work and proposed questions for works in progress and provide advice about potential options.

Adriana Seda	Alzheimer's Disease stigma, moral identity, mortality salience, empathy and pity
Andrew Sebastian Vazquez	Bipolar Symptoms and Relationship Satisfaction among Sexual and Gender Minority Identity Individuals
Andrew Villarreal	Hyper-Vigilance, Well-Being, and Sense of Belonging in LGBTQ+ Parents: An Exploration of Intersecting Identities.
Angela Presto	Responsibility, Intimacy and Identity
Barbara M. Gfellner	Identity Processes and Distress: A Person-Centered Analysis of Ecuadorian University Students
Bijaya Malik	Demographic Transition, Demographic Dividends and Vocational Education among Adolescents in India
Diya Verma	The Nation and the Self: A Reminiscence Bump in Collective Memory and Its Implications for the Development of National Identity
Ellie Mitova	Trauma, Adolescent Attachment, and Identity
Ellie Mitova	COVID-19, OCD, and Identity among Emerging Adults
Erin Smith	Code-Switching, Identity-Shifting, and Identity Distress among Black Undergraduate Women Attending Predominantly White Institutions
Faith Alexander	Exploring Executive Functioning, Identity Distress, and Emotional Regulation
Faith Alexander	Cognitive Foundations and Identity
Hans Saint-Eloi Cadely	Interactions between identity styles and attachment dimensions predicting intimate partner violence in emerging adulthood
Hazra Ahmed	Exploring the Impacts of a Culturally Informed Media Literacy Workshop on Reducing Anxiety and Depression, and Enhancing Belonging and Self-Esteem Among South Asian Adolescents
Hou Xie	Work-in-progress: Derailment and Mental Health among International College Students
Jeffrey Hayes	Teaching college students about identity and mental health

Jessica Frank	ADHD and Identity Distress
Joshua Mariano	Value Coherence and Identity
Kaethe Hoehling	The Lived Experiences of Working Emerging Adult College Students: Considerations of Career Identity Development
Kaylin Ratner	The Eudaimonic Utility Scale: Creating an Index for Assessing the Identity Relevance of Learning Spaces
Kazumi Sugimura	The Relationships Between Personal Identity, National Identity, and Well-Being
Mary Kate Koch	Social Media Use and Racial and Ethnic Identity Development: Communion and Agency in Adolescent Narratives
Sarah Robertson	Expressive writing for undergraduate college students: The role of social identity
Sarah Velez-Osorio	Identity Distress and Mental Health Among Indigenous People in Colombia
Shogo Hihara	Unraveling Identity Distress in Various Life Domains Across Adulthood
Sydni Davila	Identity in the Aftermath: Trauma's Role in Puerto Rican College Students' Identity Development

Mental Health, Prevention Intervention, and Psychotherapy - Emerging Adults' Mental Health, Psychotherapy, Prevention and Intervention: Case Illustrations and Common Themes

Co-Chairs: Ohad Nahum & Ryan Manwaring
Grand Magnolia C, 1-5pm

Presenters: Sarah Callaghan, Abby Goldstein, Lital Mellinger, Ohad Nahum, Filomena Sabatella

Objective

- To explore various perspectives of Mental Health, Psychotherapy, Prevention and intervention with emerging adults.
- Participants will engage with case examples, discuss practical strategies, and connect through interactive dialogue and small-group work to deepen insight.
- The session is designed to foster connection, shared learning, and collaboration among SSEA members around these key areas of focus.

Timeline

Case Studies, Current Issues, and Discussions

- The first part of the workshop will include three presentations of cases, illustrations, and concepts related to psychotherapy, mental health, and prevention and intervention.
- Each presentation will be paired with a discussant, followed by interactive Q&A sessions with the workshop participants.

Small Group Working Session and Report-Back

- Building on the workshop topics, case presentations, and participants' experiences, groups will identify common themes and explore their relevance to intervention strategies, prevention techniques, and approaches to promoting mental health and well-being.
- Each group will receive guiding questions and contribute to a shared Padlet.
- Groups will report back in a brief plenary session.

Summary and Wrap-Up with Facilitators

- Key themes and challenges from the groups will be summarized, with takeaways for future application and collaboration.

Wednesday, June 4, 5:30 – 7:00 p.m.

Opening Reception & Poster Session 1

Sterling Hall Foyer

Join us to kick-off the official beginning of SSEA 2025 with complimentary hors d'oeuvres and a cash bar as you explore the exciting research presented in the poster session.

Poster Presenters:

1. Lydia Adeladan Jesutofunmi: *Thriving in Complexities Through Self Identity: Role of Parental Control, Personality Traits and Self-Efficacy Among In-School Adolescents in Ibadan North Local Government Area, Oyo State, Nigeria*
2. Chelsea Alexander: *Emerging Adulthood Development in Context: A Scoping Review of Neighborhood Impact on Black Emerging Adults*

3. Monica Aviles: *Family Achievement Guilt Among Latinx First-generation College Students' Well-Being*
4. Camara Azubuike: *Investigating the Influence of Ethnocultural Identity on Cannabis Use Among Black Canadian Emerging Adults*
5. Kaja Bakken: *Emotion Regulation as a Key to Thriving: Mediating the Impact of Perfectionism on Well-Being among Canadian Emerging Adults*
6. Ayse Turkoglu: *More than Academics: Time Use and Friendship Stress also Covary with University Students' Mental Health Symptoms*
7. Nicholas Brestle: *Protective and Adverse Childhood Experiences: Influences on Quality of Life of Emerging Adults with Medical Conditions*
8. Khandis Brewer: *How do Racial Barrier Messages Buffer the Relationship Between Dimensions of Race-Related Events and Trauma Symptoms in Emerging Adults of Color?*
9. Joe Brown: *College Student Appraisals of Guns and Vulnerability to Psychopathology and Fears of Crime*
10. Erin Budesheim: *Intentional Social Media Use and Well-Being*
11. Jeong-eum Cha: *Thriving Through Financial Turbulence: The Impact of COVID-19 Pandemic Stimulus on Financial Satisfaction Among Emerging Adults*
12. Amanda Cipolla: *Associations Between Emerging Adults' Psychological Distress, Perceptions of Parental Mental Illness, and Parental Relationships*
13. Allison Cohen: *A Strengths Based Approach to Understanding Stress in Emerging Adults*
14. Allison Cohen: *Protective Parenting among Emerging Adults in an Undergraduate Honors Program*
15. Elizabeth Combs: *LGBTQIA+ Young Adults' Strengths: Coping Strategies, Individual & Family Resilience*
16. Kathleen D'Alfonso: *Identifying and Predicting Health Insurance Patterns Across Emerging Adulthood*
17. Nancy Darling: *Are Social Cognitive Domains "Real"? Heterogeneity In Issue Classification at the Group and Individual Level*

18. Kathryn Degnan: *The Effects Of Positive Priming On Emerging Adults' Body Image*
19. Kathryn Degnan: *Individual Characteristics in Support of Adaptive Risk Behavior in Emerging Adulthood*
20. Carson Dover: *Family Matters: A Latent Profile Analysis of Marriage and Parenthood Paradigms Among Emerging Adults*
21. Royette Dubar: *"Are We There Yet?" Perceptions of Adulthood Status among 18-to-22-year-olds from Dominica and St. Martin*
23. Emerson Evans: *Parental Alcohol Permissiveness and Emerging Adults' Drinking Behavior*
24. Joana Fernandes: *Efficacy of a Group Therapy based on Differentiation of Self for Emerging Adults Adjusting to a Breakup: a Pilot RCT*
25. Danielle Findley-Van Nostrand: *Emerging Adults' Social Goals, Relational Aggression, and Narcissism: The Role of Parental Values and Relationships*
26. Danielle Findley-Van Nostrand: *How did it end, and what do you think about it? Forms of Friendship Dissolutions, Effects on Construals, and Impacts on Self-Esteem in Emerging Adults*
27. Danielle Findley-Van Nostrand: *Emerging Adults' Perceptions of Aggression: Effects of Gender Identity of the Aggressor and Victim, and Role of Transphobia and Empathy*
28. Maria Fracasso: *Does Family Cohesion Influence the Relationship Between Perceived TV Realism and Both Individual and Collective Self-Esteem?*
29. Julia Gallo: *College Student Identity and Life Satisfaction & Personal Growth*
30. Cheyenne Garcia: *Grandparent Involvement in Middle Childhood and Depressive Symptoms, Stress, and Self-Efficacy among Young Adults*
31. M. E. Betsy Garrison: *Does Learning about Money Habitudes Impact the Financial Management of Emerging Adults?*
32. Destiny Gayle: *Associations Between Friendship Quality and Peer-Directed Relational Aggression*
33. Barbara Gfeller: *Perceived COVID-10 Stress, Emotional Regulation. and Psychological Symptoms during the Pandemic*

34. Barbara Gfeller: *Identity Processes and Distress: A Person-Centered Analysis of Canadian, Spanish, and Ecuadorian Students*
35. Sara Goldstein: *"I Always Call them Man-Boys": A Mixed Method Investigation of Parents' Perceptions of their Emerging Adult Children's Autonomy Development*
36. Alexandra Griffin: *School-Based Racial Microaggressions: Racial Socialization and Black Undergraduates' Goals and Commitments*
37. Ava Grubin: *Mental Health Counseling Barriers by Race and Gender Among College Students During COVID-19*
38. Scott Hall: *Emerging Marital Timing: Exploring the Gap Between Ones' Age and Ideal Marriage Age*
39. Laura Harris-Lane: *Promoting Positive Coping: Understanding Factors that Impact Emerging Adults' use of Adaptive Emotion Regulation Strategies*
40. Xiaohuang He: *"I'm so Stressed about Becoming an Adult": A Focus Group Study on Transition Stress in British and Chinese University Students*
41. Jing He: *Integrating Social Identities and Science Motivation among Minoritized College Students*
42. Chengfei Jiao: *LGBTQ+ Emerging Adults' Romantic Relationship Quality and Risk During COVID-19: Considering the Roles of Adverse Childhood Experiences and Parent-Child Closeness – A Serial Mediation Model*
43. Misti Johnson-Olthoff: *Is Parental Confidence in Sexual Communication during Adolescence linked with Emerging Adult Relationship Wellbeing?*
44. Laura Johnston: *Are There Racial Disparities in The Influence of Special Education on Mental Health During the Transition to Adulthood?*
45. Arianna Jones: *Exploring Cognitive Dissonance and White Fragility in Discussions of Race*
46. Jiyeon Kang: *Psychological Intimate Partner Violence Victimization and Cognitive Dysfunction: The Role of Locus of Control and Emotional Distress*
47. Cheryl Kier: *Thriving Amidst Campus Antisemitism*
48. Amy Kolak: *Family Unpredictability and Psychological Distress: The Role of Mattering and Anti-Mattering*

Thursday, June 5, 8:00 – 9:00 a.m.

Membership Survey Report – Grand Magnolia A

Attend this informative session with Dr. Juan Zhong of Springfield College, as she discusses the results of the membership survey report.

Organized Paper Sessions

8C – Grand Magnolia C

Research and Innovations in Supporting Young People Transitioning from Foster Care

Chair: Jaclyn Chambers

Paper 1: Evaluating the Impact of Guaranteed Income for Young Adults Aging out of Foster Care – Jaclyn Chambers, Katrina Brewsaugh, & Bridgette Lery

Paper 2: Research on the Lived Experiences of Adolescents and Adults with Foster Care History - Johanna Greeson, John Gyourko, L.J. Mack, Ahmir Kenyatta, Rick Barth, & Antonio Garcia

Paper 3: Longitudinal Analysis of Transition-Age Young People in Foster Care: Relationship between Timing of Prior Incarceration and Outcomes in Early Adulthood - Kune Park, Andrea Eastman, Mark Courtney

14C – Jessamine Room

Emerging Adult Sexuality: Attitudes, Experiences, and Well-Being

Chair: Katherine Sims

Paper 1: Emerging Adult Sexual Well-Being: Profiles of Heterosexual Cisgender Female Sexual Self-Concept - Katherine Sims, Larry Forthun, Sarah Lynne, Kate Fogarty, & Laurie Mintz

Paper 2: “I don’t really care”: A qualitative analysis of the immediate thoughts following virginity disclosure from a hypothetical potential romantic partner - Marie-Aude Boislard & Léa-May Burns

Paper 3: Relational Influences on Plurisexual Women's Use of Preventative Measures – Lauren Pittman & Rose Wesche

15C – Carolina Room

Solitude, Connection, and AI: Emerging Adult Experiences

Chair: Gina Thomas

Paper 1: Does Solitude Clash with Collectivism? Examining Person-Culture Fit in Costa Rica - Gina Thomas

Paper 2: Loneliness as a Space for Development: The Role of Positive Solitude in Shaping Multidimensional Well-Being in Emerging Adulthood - Anna Wieradzka-Pilarczyk & Alicja Jajko-Siwiek

Paper 3: Beyond ChatGPT: Are Emerging Adults Replacing Social Connection for Artificial Intelligence? - Carson Dover & Brian Willoughby

Paper 4: "Lollipop Moments" and Beyond: Exploring Transformative Experiences that Nurture Leadership Motivation Among Emerging Adults in 4-H Programs – Steven Krauss & Trang Ta

Thursday, June 5, 9:00 – 10:30 a.m.

Opening Remarks and Keynote Address

Magnolia Ballroom

9:00 – 9:15: Opening remarks by Incoming SSEA President, Carolyn Barry

9:15 – 10:30: Keynote address by Lene Arnett Jensen

Teaching and Studying Emerging Adults in Today's Global World: The Cultural-Developmental Approach



As an alternative to the universalizing theories of the 20th century, the cultural-developmental approach offers a distinctive perspective. What is the cultural-developmental approach, and what possibilities does it offer for researching emerging adults from Sub-Saharan Africa to Thailand to the United States? Just as importantly, how can a cultural-developmental approach inform how we teach psychology to today's emerging adults? Discover concepts, methods, and digital tools for teaching with a cultural-developmental perspective: a perspective that not only helps students to understand their own lives, but promises to shape the next generation of researchers and citizens in an increasingly multicultural world.

BIO: Lene Arnett Jensen is Senior Research Scientist in the Department of Psychology at Clark University, Massachusetts, USA. She is the originator of the “cultural-developmental” approach to research on human psychology. Her publications include *Moral Development in a Global World* (Cambridge University Press, 2015), *The Oxford Handbook of Moral Development* (Oxford University Press, 2020), and *The Oxford Handbook of Human Development and Culture* (Oxford University Press, 2016). Dr. Jensen also authors four college textbooks with Jeffrey Jensen Arnett on child development, adolescence and emerging adulthood, and lifespan development (Pearson Education). For more information: <https://lennearnettjensen.com>

Thursday, June 5, 10:45 – 12:00pm

Collaborative Session: International Society for Research on Identity & the Society for the Study of Emerging Adulthood

Grand Magnolia A

Identity Across the Lifespan: The Mutual Benefits of Understanding Identity in

Emerging Adulthood and Beyond

This special roundtable session, moderated by Dena Swanson, will explore the synergistic relationship in understanding how identity in developmental stages outside of emerging adulthood can deepen insights into identity during emerging adulthood.

Participants:

- Clare Mehta - Research uses a lifespan theoretical perspective in examining Established Adulthood, ages 30-45, and the impact of gender related processes on identity development across the lifespan.
- Joseph Schwab - Research focuses on the narrative construction of identity in adolescence and adulthood in exploring how people create meaning and purpose in their lives through the stories they tell.
- Seth Schwartz - Research focuses on immigration and acculturation, and ways in which cultural change affects family relationships and identity processes in adolescents and emerging adults.
- Barbara Thelamour - Research focuses on the acculturation processes of immigrant adolescents and emerging adults, specifically among Black immigrants, emphasizing identity development as a key acculturation process.

Closing remarks by Carolyn Barry (incoming SSEA president) and Elli Schachter (ISRI president).

Symposia

05 – *Grand Magnolia C***The Importance of Financial Socialization for Emerging Adults' Financial Outcomes**

Chair: Mette Ranta

Discussant: Terhi-Anna Wilska

Paper 1: Meta-Analytic Support for Parent Financial Socialization: Better Financial Outcomes in Emerging Adulthood – Ashley LeBaron-Black, Nathan Leonhardt, & Sofia Suño-Sánchez

Paper 2: (Financial) Parenting: Mothers' and Fathers' Contribution to Emerging Adults' Financial Outcomes in Two Cultural Contexts – Mihaela Friedlmeier

Paper 3: Family socialization and a developed financial identity support emerging adults' financial literacy and financial wellbeing – Mette Ranta, Jussi Nyrhinen, Terhi-Anna Wilska, & Joyce Serido

02 – *Jessamine***Beyond the Monoracial Paradigm: Navigating Multiracial Experience through Phenotype, Liminality, Sociopolitical Contexts, and Cognitive Adaptation**

Chair: Zainab Shabbir

Paper 1: Multiracial Meaning Making: How Liminality Informs Expansive Worldviews and Ethnic-Racial Identity Formation – Lisa Delacruz Combs

Paper 2: Contours of Ethnic-Racial Identity: Unpacking the Influence of Phenotypic and non-Phenotypic Characteristics on Self-Categorization of Multiracial Individuals – Zainab Shabbir & Ana Marcelo

Paper 3: How Lived Experiences Relate to Multiple Identity Integration: Implications for Open-mindedness and Flexible Thinking – Esha Naidu & Sarah Gaither

Paper 4: Prompted to (Re)consider: Black Lives Matter as a Catalyst for Black (Multi)Racial Identity Processes – Courtney Meiling Jones, Şebnem Türe, Amaya Mitchell, & Leoandra Onnie Rogers

03 – Carolina**Navigating Complexity: Relational, Digital, and Community Pathways to Thriving**

Chair: Samantha LeBoeuf

Paper 1: Social Capital and Therapy Engagement in Emerging Adulthood – Emma Desens & Heather Hessel

Paper 2: Young Adults' Online Learning About Romantic and Sexual Relationships – Sarah Taylor, Pooja Brar, Sage Greenstein, & Alexis Ochoa

Paper 3: Does the Experience of Mentoring Youth Affect Mentors' Mental Health and Wellbeing? – Alyssa Maples, Lyndsey M. Weiler, Megan J. Moran, Reagan Miller, Samantha LeBoeuf, Toni Zimmerman, & Shelley A. Haddock

Organized Paper Sessions***Grand Magnolia B*****Arnett Dissertation Awards**

Zypher Regencia: *Body Image Perception and Skin-Lightening Practices on Mental Health of Emerging Filipino Adults*

Riham Al-Saadi: *Preserving My Arab Self While Finding My Home in Canada*

Haeyoon Chung: *Stereotypes, Discrimination, and Ethnic Identity among Asian American Emerging Adults during COVID-19*

Leanna Papp: *Sexualized Aggression in College Drinking Settings*

1A – Palmetto Room**Trauma and Resilience in Emerging Adulthood**

Chair: Filomena Sabatella

Paper 1: Inklusiv plus: Group Psychotherapy for Unemployed Emerging Adults - Filomena Sabatella & Agnes Von Wyl

Paper 2: Pathways from Child Maltreatment to Posttraumatic Stress Disorder in Young Adulthood, Mediated by Cognitive Flexibility and Expressive Suppression - Claudia Clinchard & Brooks Casas

Paper 3: Longitudinal Pathways from Childhood Adversity to the Growth of Internalizing and Externalizing Symptoms Throughout Adolescence and Young Adulthood Through Peer Victimization - Claudia Clinchard & Brooks Casas

Paper 4: Randomized Controlled Trial Assessing the Effects of Expressive Writing and Benefit- Focused Writing on Symptoms of Depression and Anxiety in College Students – Sarah Robertson

Thursday, June 5, 12:00 – 1:00pm

Complimentary Buffet Lunch &

Poster Session 2 – Sterling Foyer

Poster Presenters:

1. Erin Koterba: *Investigating Links between Social Media Usage, Media Literacy, and Wellbeing in Emerging Adulthood*
3. Victoria Lane: *A Person-Centered Analysis of Help-Seeking Intentions and Barriers in Emerging Adults*
4. Jeenkyoung Lee: *Trajectories of Psychological Violence and Aggression across Emerging Adulthood*
5. Kate Lee: *Calming Connections: The Role of Interpersonal Emotion Regulation in Managing Anxiety among Canadian Emerging Adults*
6. Chih-Yuan Lee: *Associations among Self-Efficacy, Perceived Stress, and Individual Adjustment Among College-Attending Emerging Adults in Taiwan*
7. Brenda Lohman: *Patterns of Food Insecurity and Body Mass Index Trajectories Across Emerging Adulthood: A Prospective Growth Mixture and Curve Analysis across Gender*
8. Ali Luempert: *Markers of Adulthood Criteria: Importance and Use Value Across Ages*

9. Lyudmyla Romanyuk : *Interplay between identity and values of emerging adulthood Ukrainians in the war context*
10. Jihan Mahmoud: *The Relationships of Perceived Barriers to Physical Activity, Coping, Perceived Body Image, and Selected Demographics with Depression in College Students*
11. Dena Matzenbacher: *Emerging Adults on Emerging Adulthood: If You Want to Know, Just Ask!*
12. Dena Matzenbacher: *Do Emerging Adults Believe Things are "Back to Normal" Yet?*
13. Nasim Shahrokhian & Kristina L. McDonald: *Disclosure of Intimate Partner Violence to Friends: Friend Responses and Subjective Experiences of Disclosure as Predictors of Adjustment*
14. Judy McDonald: *Physiological Moderation of the Relationship Between Extraversion, Sensation Seeking, and Alcohol Consequences in Emerging Adults*
15. Joseph McFall: *Associations among Career and Care Crunch, Religiosity, and Age among Emerging and Established Adults*
16. Jessica McKenzie: *Growing Up Global(ized): A Longitudinal Study of the Moral Values of Thai Emerging Adults*
17. Christine Merrilees: *Within and Between Person Associations between Intergroup Contact and Wellbeing at a PWI*
18. Zuzanna Molga: *The Stage of Shame: Emerging Adulthood Females through Psychotherapy Lens*
19. Wairimu Muchiri: *Transitions to Adulthood in Kenya: Collegiate vs. Non-Collegiate Perspectives on Emerging Adulthood's Defining Features*
20. Ashlyn Neppel: *The Influence of Intimate Partner Violence Victimization, Financial Strain, Mental Health, and Job Loss on Gender Affirming Care Disruption in LGBTQ+ Emerging Adults*
21. Paolina Onorato: *The Role of Enhancing Positive Affect on the Link between Depression and Mattering/Anti-Mattering among Emerging Adults*
22. Chioma Opara: *Genuine Happiness and Wholesome Qualities of Mind and Heart in College Students*
23. Dyanne Overton: *A Strengths-Based Approach: Identity Exploration and Commitment Buffering the Effects of Past Discrimination on Current STEM Engagement*

24. Yea Won Park: *Online Racial Discrimination and Educational Adjustment: The Moderating Roles of Race/ethnicity and Coping Online with Racism*
25. Sarah Pierotti: *Testing a Brief, Cost-effective Prosocial Intervention with Positive Psychology College Students*
26. Sarah Pierotti: *Measuring United States College Students' Attitudes Towards Families, Cultural Empathy, Perspective Taking, and Curiosity after Completing a Six-Week Virtual Global Exchange*
27. Paul Quach: *Critical Consciousness: Perceptions of Differential Impacts of the COVID Pandemic Between Students from Minority versus Non-Minority Socio-demographic Groups in the U.S.*
28. Angela Quiroz-Cruz: *Roots of Resilience: Discrimination, Suicidal Ideation, and the Influence of Mother and Peer Relationships in Latinx College Students*
29. Jordan Ricketts: *The Role of Perceived Effort and Academic Identity on GPA and Academic Self-Efficacy*
31. Simranjeet Sekhon: *Building Confidence: How Self-Esteem, Family, and Peer Relationships Shape Academic Self-Efficacy in Asian American Students*
32. Ramon Sevilla: *Developing Critical Action: Sociopolitical Beliefs and Motivations Across Time*
33. Teresa Maria Sgaramella: *Systemic Influences and career development in Emerging Adults: patterns and relationship with Wellbeing and Thriving in Complexity*
34. Jaerim Lee: *Structural and Attitudinal Factors Associated with Being in a Romantic Relationship among Korean Emerging Adults*
35. D. Scott Sibley: *Where Have All the Good Dates Gone? Emerging Adults Beliefs and Perceptions of 'Just Talking' in Romantic Relationships*
36. Agata Soltys: *Affirming Love: The Impact of Social Affirmation on Relationship Satisfaction and Well-Being in Transgender and Gender Nonconforming (TGNC) Emerging Young Adults*
37. Renee Spencer: *Improving Adult Engagement with Opportunity Youth*
38. Teru Toyokawa: *College Students' Perceptions of Benefits from Intergenerational Discussions: A Qualitative Study*
39. Andrew Villarreal: *Exploring Food Literacy in Higher Education: A Comparison Between First and Continuing-Generation Latinx College Students*

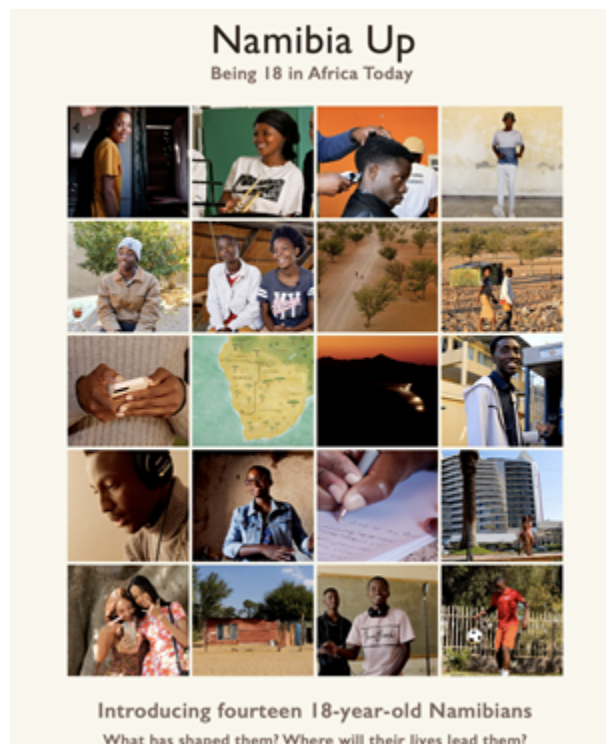
40. Rosanne Villemare-Krajden: *The benefits of extracurricular activity participation in university for post-graduation career adaptability and mental health*
41. Megan Waldron: *Romantic Relational Aggression and Victimization: Links to Relational Quality and Conflict*
42. Sara Whipple: *Life Hassles Among First-Year College Students: Common Struggles and How Self-Efficacy May Buffer their Impact*
43. Matthew Wice: *Ethical Values and Academic Dishonesty Among Emerging Adults: A Cross-Cultural Investigation*
44. Lucien Winegar: *Group Identity and Attitudes about Race during Emerging Adulthood*
45. Ginelle Wolfe: *Understanding the Relationships between Sexual Assault and Post-Traumatic Stress and Growth in Emerging Adult Women*
46. Juan Zhong: *Humor to Heal or Humor to Hide*
47. Yiman Zhou: *How Minoritized Emerging Adults Experience Racial-Ethnic and Gender Socialization from Multiple Socializers*
48. Naomi Inman: *Changes in LGBTQ+ College Students' Sexual Orientation and Gender Identity Expression Over Academic Breaks*

Thursday, June 5, 1:00 – 2:30

Presidential Session

Grand Magnolia A

Namibia UP: Being 18 in Africa Today



The Africa Long Life Study (ALLS) is an evolving, inclusive research initiative that centers the lived experiences of emerging adults in Namibia, South Africa, and Kenya. Grounded in established transnational collaborations, the project currently emphasizes inclusive practices, with a growing commitment to participatory and co-creative approaches in its next phases.

To bring the significance of longitudinal research on emerging adulthood into public view, we have developed a companion documentary film. Focusing on young Namibians, the film offers a deeply contextualised glimpse into their transitions into adulthood as they reflect on their pasts, imagine their futures, and navigate the complex realities that shape their lives. While rooted in Namibia, the stories reflect broader experiences across sub-Saharan Africa, offering critical insights often absent from dominant psychological narratives.

The film acts as a bridge between academic research and public understanding. By presenting grounded, authentic accounts, it encourages reflection on the contextual challenges and opportunities of growing up in contemporary Africa.

A post-screening panel will bring together regional scholars and practitioners to explore the film's themes from diverse epistemic perspectives. An interactive Q&A session will further invite dialogue and audience contributions to future directions.

Panelists:

Byron G. Adams (Moderator) is an Assistant Professor of Work and Organizational Psychology at the University of Amsterdam in the Netherlands. He is also a Senior Research Associate at the University of Johannesburg in South Africa. His research focuses on identity, diversity, inclusion, and well-being, emphasizing non-Western contexts, cultures, and groups. Some of his recent work includes exploring identity perspectives for non-Western groups and contexts in the book "Non-Western Identity: Research and Perspectives" (edited with Fons van de Vijver) and discussing the methodological appropriateness of our empirical tools in the book "Methods and Assessment in Culture and Psychology" (edited with Michael Bender). Apart from his academic interests, he served on the Commission for Culture and Diversity at the Dutch Institute for Psychologists. He is also a practicing organizational psychologist.

Luzelle Naudé is a Professor of Psychology at the University of the Free State, South Africa. She is registered with the Health Professions Council of South Africa as both a counselling and research psychologist. She is an NRF-rated researcher and coordinates the *IDeAS* Identity Research Hub, which promotes interdisciplinary and international scholarship on identity development across the lifespan. Her scholarly contributions primarily address the transformational journeys of adolescents, emerging adults, and students concerning self and society, holistic learning and development, and the challenges of forming integrated identities during periods of change and transition. Through her research, teaching, and professional contributions, she aims to deepen the understanding of identity development during emerging adulthood, particularly in African contexts, and to foster the psychological development of individuals equipped to thrive in a diverse and humane society.

Wairimu Muchiri is a Clinical Psychologist and scholar with a strong commitment to advancing culturally responsive mental health care and developmental research. She is the founder and lead practitioner of a Blossom Centre for Wellness, where she provides evidence-based psychological services to individuals and organizations, with a focus on Emerging Adult mental health. Her doctoral research was the first to explore the concept of emerging adulthood in Kenya, contributing new insights into the cultural nuances shaping this developmental stage in Sub-Saharan Africa. Dr. Muchiri's work bridges clinical practice and research, with interests in psychosocial support, identity development, and cross-cultural applications of emerging adulthood theory. In addition to her clinical and academic work, she offers consultation and capacity-building support to organizations working with young people across Africa. Her work reflects a passion for making mental health services more accessible, inclusive, and contextually grounded.

Selma N. Uugwanga is a Namibian clinical psychologist and researcher specializing in emerging adulthood and developmental transitions in sub-Saharan Africa. She holds a Bachelor's and Master's degree in Clinical Psychology from the University of Namibia and is a registered clinical psychologist with the Health Professions Council of Namibia. Currently, she is pursuing a PhD at the University of

Zurich in the Department of Personality, Mental Health, and Culture, where she also serves as research coordinator for the Africa Long Life Study—a longitudinal project on psychological development in sub-Saharan Africa. Her research focuses on how cultural and socioeconomic factors shape the transition to adulthood in Namibia, Kenya, and South Africa.

Innovative Sessions

02 – Grand Magnolia B

When Emerging Adulthood Doesn't Emerge

Understanding Non-Emergence as a Developmental Trajectory

This session examines a developmental trajectory we term non-emergence—a pattern in which individuals fail to meaningfully engage with or complete the psychological tasks typically associated with Emerging Adulthood, resulting in an unresolved transition to adulthood. Informed by theory and clinical experience, we explore how key milestones—such as assuming personal responsibility, making independent decisions, and achieving financial autonomy—may stall or remain incomplete. Rather than viewing this as a temporary delay, we frame non-emergence as a more profound disruption in the psychological architecture of becoming. We focus on individuals whose developmental process has been derailed, preventing them from entering Established Adulthood in coherent or adaptive ways.

With 30 minutes dedicated to dialogue, this innovative session invites participants to share questions, insights, and experiences as we collectively deepen our understanding of non-emergence and its implications for research, practice, and policy.

Participants:

- Ohad Nahum, Clinical Psychologist & Teaching Fellow, The Academic College of Tel Aviv-Yaffo, Tel-Aviv, Israel
- Lital Mellinger, Clinical Psychologist, Center for NVR Therapy and Practice
- Deeya Mitra, Assistant Professor, Salisbury University, MD

05 – Grand Magnolia C

Fostering Connections: Scholars Exploring the Ecology of Minoritized Emerging Adults

This innovative session aims to cultivate a network of scholars whose interests span multiple ecological realms for ethnically and racially minoritized emerging adults. The session further contributes to programming that supports attendees at all stages of development, particularly emerging scholars. The session leaders, who are at the forefront of research on transitioning into emerging adulthood, familial roles, societal and neighborhood factors, and methodological approaches, are ideal for supporting attendees in building a network of scholars. Their research is directly relevant to the session's objectives, as it provides a comprehensive understanding of the ecological factors affecting minoritized emerging adults. The session will be highly interactive, beginning with a 15-minute overview, followed by two 30-minute sessions, and ending with informal networking. The leaders will introduce their work and the discussion topics during the overview. The first 30-minute session will have two breakout groups, encouraging active participation and engagement.

Participants:

- Ciara Glover, Associate Professor, Georgia State University
- Meeta Banerjee, Assistant Professor, University of South Carolina – Columbia
- Kazumi Himm, Postdoctoral Associate, Georgia State University
- Dawn Witherspoon, Professor, Penn State University

09 - Jessamine**Possibility Development in Dialogue: Foundations, Findings and Emerging Research**

The session will comprise a combination of short talks on the following:

1. Introduction to the concept, and differentiation from other concepts
2. Findings and works in progress: Symposium summary, new work in Brazil and the USA
3. The Global Possibility Networks and its goals for the future

The next 45 minutes will be reserved for Q&A, and possibly breakout sessions to discuss a selection of focal topics

Participants:

- Andrew Babson, Co-Founder and Associate Director, Global Possibility Network, University of Pennsylvania
- Michael Nakkula, Founder and Director, Global Possibility Network, University of Pennsylvania
- Flavio Serapiao, Postdoctoral Fellow and Lecturer, University of Pennsylvania

Organized Paper Sessions

2B – Carolina Room

Relationships and Commitment in Emerging Adulthood: From Breakups to Marriage

Chair D. Scott Sibley

Paper 1: A Pathway to Commitment: Exploring the Steps and Stages Preceding Commitment and Marriage - D. Scott Sibley & Lexi DeHart

Paper 2: Efficacy of a Group Therapy based on Differentiation of Self for Emerging Adults Adjusting to a Breakup: a Pilot RCT – Joana Fernandes & Mariana V. Martins

Paper 3: Relationship Dissolution as a Normative Task of Emerging Adulthood: a Growth Latent Model - Joana Fernandes & Mariana V. Martins

Paper 4: A Typology Approach to Exploring the Diversity of Young Adult Singlehood - Nicole Watkins & Jonathon Beckmeyer

Paper 5: “Maybe Someday I’ll Get Married”: Exploring Emerging Adult Beliefs about Commitment and Marriage Postponement - D. Scott Sibley & Julie Abbinante

3B – Palmetto Room

Developmental Pathways and Well-being in Emerging Adulthood: From Achievement to Transformation

Chair: Jacqueline Fisher

Paper 1: Thriving, Surviving, or Struggling? A Latent Profile Analysis of College Student Psychosocial Functioning - Jacqueline Fisher

Paper 2: Comparing patterns of achievement in adulthood markers among U.S. emerging adults: A latent class analysis of two cohorts - Shuwen Li & Athena C.Y. Chan

Paper 3: How Christian Emerging Adults Uniquely Experience Life Transitions and the Support They Seek: 5 Transition States – Caleb Roose & Steven Argue

Paper 4: Omniology: the Study of Everything - a Proposed New Curriculum for Personal Organization, Lifestyling, and Growth for College Students – Laura Dell

Paper 5: Emerging Adulthood Loneliness as a Space for Development: The Role of Positive Solitude in Shaping Multidimensional Well-Being in - Anna Wieradzka-Pilarczyk & Alicja Jajko-Siwiek

23A – Sun Room

Substance Use in Emerging Adulthood: Influences, Patterns, and Contexts

Chair: Su Langdon

Paper 1: Exploring Cannabis Use in College: Motivations, Consequences, Risks, & Social Environments - Su Langdon, Alden Zhang, Sophia Rumsey, Josie Kim

Paper 2: Associations among driving under the influence of cannabis, riding with a high driver, and related perceiveescriptive and injunctive norms among emerging adults - Jennifer Duckworth & Nicole O'Donnell

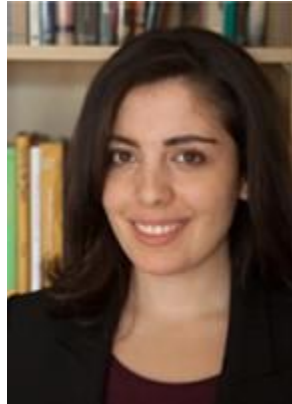
Paper 3: The limitations of binaries and dichotomies: Probing the association between gender identity and alcohol-cannabis use patterns in emerging adulthood - Toni-Rose Asuncion & Genna Gaudio

Thursday, June 5, 2:45 – 4:00

Invited Master Lecture – Grand Magnolia A

Dalal Katsiaficas

Emerging Adults from Immigrant-Origins



Across the globe, emerging adults are increasingly from immigrant-origin backgrounds. Facing unprecedented instability with regards to precarious migration policies, worsening climate crises and ongoing state and interpersonal violence, emerging adults from immigrant-origin backgrounds are developing under duress. Underappreciated, however, are the ways in which immigrant-origin emerging adults exhibit cognitive flexibility as they navigate the multiple systems they encounter and innovate new configurations of identities, communities and ways of being in the world. This presentation chronicles the work of myself and my team over nearly two decades to understand the positive development of emerging adults living “on the hyphen” and in response to these interlocking crises. This presentation will provide a background for the unique stressors emerging adults from immigrant-origins encounter, as well as the strengths they hold to shape their lives, their communities and our broader societies.

Bio: Dalal Katsiaficas, Ph.D. is an Associate Professor of Educational Psychology at the University of Illinois at Chicago. Her work focuses on the positive development of emerging adults from immigrant-origin backgrounds through an intersectional lens. Her research has been published in a variety of educational and psychological and developmental science journals as well as utilized to support state legislation and federal legal precedents in the United States. Dr. Katsiaficas is currently a member of the Governing Council of the Society for the Study of Emerging Adulthood and the Co-Chair of Policy for the Society for Research on Child Development.

Symposium

13 – Grand Magnolia B**The Impact of Wise Interventions: Cultivating Purpose and Belonging in Emerging Adulthood**

Chair: Terese Lund

Paper 1: Cultivating Purpose and Belonging in College Students Across Diverse School Contexts – Elisa Liang, Haylee Snow, Brenna Lincoln, Tim Klein, & Belle Liang

Paper 2: Fostering Purpose and Belonging in First-Generation College Students – Mariangel Tortolero & Terese J. Lund

Paper 3: Cultivating Purpose and Belonging in Emerging Adult Educators through Scalable Wise Interventions – Haylee Snow, Elisa Liang, Brenna Lincoln, Tim Klein, & Belle Liang

Innovative Session**04 – Grand Magnolia C****Religion, Spirituality, and Your Research: Toward More Generative and Integrative Considerations**

Religion and spirituality often play significant and multifaceted roles in the lives of emerging adults. This session will provide intellectual and relational space for scholars, clinicians, and other stakeholders to envision potential avenues to incorporate religion and spirituality into their work on, for, and alongside emerging adults in the 21st century. Meredith Hope and Steven Argue are co-chairs of the Religion and Spirituality Topic Network and they will be session leaders. Meredith Hope will facilitate discussion around empirical work, and Steven Argue will facilitate discussion about the intersections of real-world application.

Participants:

- Meredith Hope, Assistant Professor, College of Wooster
- Steven Argue, Associate Professor, Fuller Theological Seminary
- Elodie Wendling, Assistant Professor, Washington State University

Organized Paper Sessions**4A – Jessamine Room**

Shaping Emerging Adulthood: Parental and Family Influences on Psychosocial Outcomes

Chair: Aderonke A. Akintola

Paper 1: Family Communication Patterns and Parental Warmth as Predictors of Romantic Attachment Style amongst Emerging Adults - Aderonke A. Akintola & Deborah Ogbonlaye

Paper 2: Who Will Carry the Torch? The Impact of Parenting Styles and Attitudes Towards Family Traditions on Continuation of Traditions and Well-Being - Amanda Faherty

Paper 3: How Emerging Adults' Perceptions of Parental Social Dominance Orientation Relate to their Self-Efficacy? - Xiaochu (Judy) Zhu & Mejia Gomez

5A – Carolina Room**Navigating Identity and Connection: Emerging Adult Experiences Amidst the COVID-19 Pandemic**

Chair: Haeyoon Chung

Paper 1: Ethnic-Racial Identity Development of Asian American Emerging Adults: Impact of Stereotypes and Discrimination During COVID-19 - Haeyoon Chung

Paper 2: "I made it through school when the world was almost falling apart": Pride, joy, and optimism during the COVID-19 pandemic among Black and Latinx emerging adults – Amanda Roy, Christine Li-Grining, Aiden Munoz-Ripley, Michelle Rodriguez, Andrea DaViera, & Maria Radulescu,

Paper 3: Social Connectedness in the Post-Pandemic University Setting: A Qualitative Diary Study on the Lived Experiences of University Students – Mara Loebel

Paper 4: Unsilenced Voices: Identity Development of Asian American Emerging Adults Amid Racial Discrimination During COVID-19 - Haeyoon Chung

6A – Palmetto Room**Shaping Emerging Adulthood: Identity, Culture, and External Contexts**

Chair: Hannah Kim

Paper 1: Finding a Voice Between Two Worlds: The Impact of Parent-Child Value Conflicts on the Identity of Korean American Youth - Hannah Kim

Paper 2: Understanding Chinese Youth's Transition to Adulthood: A Culturally Sensitive Approach to the Identity Capital Model – Hou Xie & Kaylin Ratner

Paper 3: The Impact of the Model Minority Stereotype on Asian American Young Adults' Mental Health – Rachel John, Stella Zhu, & Angie Malorni

Paper 4: Instability by Policy: The Role of Liminal Legal Statutes in Shaping Emerging Adulthood - Yunuen Rodriguez Rodriguez

Thursday, June 5, 4:15 – 5:15

Invited Master Lecture – Grand Magnolia A

Rick Silver, M.D.

Autism, ADHD, and Emerging Adulthood: A Psychobiological Perspective on the Neurodivergent Brain's Struggle to Achieve Independence



For children and adolescents, the ability to build both self-regulatory skills and coregulatory relationships with peers and adults – for support, feedback and access to developmental opportunities – is critical for the creation of the psychological foundation necessary for a successful

transition to independence. Dr. Silver explores how neurobiologically-based variances in cognition, sensation, emotion and behavior in genetically vulnerable populations such as those individuals with Attention Deficit Hyperactivity Disorder and High Masking/ High Functioning Autism Spectrum Disorder – when interacting with the demands of neurotypical environments in the family, social, academic and employment settings — lead to significant deficits in the development of life skills and to challenges establishing the requisite resilience and intrinsic motivation for young adulthood. A model for remediation of these deficits based on the principles of Self Determination Theory will be presented, along with the specific practices and experiences of a peer-based, multidisciplinary therapeutic community that focuses on overcoming avoidant coping patterns and creating a clarity of purpose and identity leading to increased engagement in adult life. By integrating psychobiological theories with real-world case studies, Dr. Silver offers insights into how a deeper understanding of these dynamics can foster more effective strategies for promoting independence and well-being in this population.

Bio: Rick Silver, MD, MPH, Director and Founder of Thrive Emerge, is a psychiatrist who has been working with neurodivergent patients (Autism Spectrum Disorder, ADHD) and families for several decades. His straightforward style of explaining the workings of the neurodivergent brain and the challenges of the neurodivergent journey has helped parents, educators and mental health professionals better serve this unique population. He is the author of *Neurospicy: A Parent Empowerment Guide*, moderator for a monthly neurodivergent parent support group, national speaker on neurodivergence, and Clinical Director of The Village, a peer-based, outdoor treatment program for neurodivergent teens and young adults who are struggling to launch. He obtained his training from the University of Michigan, the Johns Hopkins School of Hygiene and Public Health and the University of Maryland Medical School. He has three daughters, two of whom are neurodivergent and has been told that he has “a touch of ADHD.”

Roundtable

R02 - Grand Magnolia B

The COVID-19 Mental Health Crisis: Why Were Emerging Adults Especially Affected? How Are They Doing Now?

Chair: Deeya Mitra

Panelists:

- Jeffrey Jensen Arnett
- Milena Batanova

- Madeline Levitt

Symposium

06 – Grand Magnolia C

Evaluating and Supporting Effective Implementation in Programs for Emerging Adults

Chair: Laura Packard Tucker

Discussant: Sarah Hurley

Paper 1: Implementing Guaranteed Income for Former Foster Youth – Katrina Brewsaugh, Bridgette Lery, Sarah Benatar, Zara Porter, & Jaclyn Chambers

Paper 2: Implementing the Middle-Class Scholarship for Foster Youth in California – Laura Packard Tucker, Devlin Hanson, & Annabel Stattelmann-Scanlan

Organized Paper Sessions

7C – Jessamine Room

Sibling Dynamics: Shaping Outcomes in Development and Mental Health

Chair: Derek Morgan

Paper 1: The Mixed Effect of Sibling Warmth on the Association Between Intolerance of Uncertainty and Later Psychopathology - Derek Morgan, Wonjong Oh, & Christy Rogers

Paper 2: “I Wanted to Be an Olsen Twin”: How Emerging Adults Understand Their Sister-Sister Relationships – Emmajean Taylor & Tabitha Holmes

Paper 3: Familial Factors Impacting First-Generation College Students’ Adjustment: The Compensatory Role of Older Siblings With College Experience - Matt Hagler

9C – Palmetto Room

Emerging Adult Peer Relationships in a Complex World: Cross-Cultural Comparisons, Network Dynamics, and the Pursuit of Flourishing

Chair: Jonathon Beckmeyer

Paper 1: Socio-Demographic Characteristics of Emerging Adults Friendship Networks: A Person-Centered Approach – Jonathon Beckmeyer & Gabrielle Kline

Paper 2: Flourishing Peers in a Complex World: A Cross-Cultural Comparison - Joshua Anderson, Jacqueline Nguyen, & Sthephany Escandell

Paper 3: Group Differences in the Effect of Emotional and Social Difficulties on Friendship Intimacy and Interpersonal Competence – Emily Cook

Emerging Scholars Reception, 5:15 – 6:15pm, Sun Room

Join Emerging Scholar Chairs, Mentors, and Mentees for a special reception on June 5th.

Gala Dinner – 6:30-9:00pm – Grand Magnolia Ballroom

Join us on Thursday, June 5th for a night of fun, food, and connection with scholars from across the SSEA at the conference gala buffet dinner. In addition to a multi-course buffet, the dinner will include several activities that will get you mingling, bonding and creating new meaningful connections with other scholars from the field.

Friday, June 6, 8:00 – 9:00

Invited Talk – Great Magnolia A



Karla Vermeulen

Climate Change, Eco-Anxiety, and Activism Among Emerging Adults

While much research has focused on the psychological effects of climate change among children and adolescents, few studies have directly examined its impact on emerging adults. Yet the issue clearly can influence many decisions the group must make when pursuing the milestones of adulthood, including where to live, what career to choose, and whether to have children. It also can impact mental health, including “eco-anxiety” and depression, especially if it’s perceived as limiting life choices. Yet many emerging adults channel their concerns about climate change into activism, refusing to accept the inaction of older generations. This invited talk will explore these impacts, positive and negative, and will encourage more global research on the topic.

Bio: Karla Vermeulen, Ph.D., is an Associate Professor of Psychology at the State University of New York at New Paltz, where she formerly served as the Deputy Director of the Institute for Disaster Mental Health. In addition to training disaster responders and trauma workers from diverse backgrounds, she teaches undergraduate and graduate courses on disaster mental health, grief counseling, and lifespan developmental psychology. Her research on the impact of multiple stressors

on emerging adults is the subject of her third book, *Generation Disaster: Coming of Age Post-9/11*, published in 2021 as part of the Oxford University Press Emerging Adulthood series.

Roundtable

R01 - Grand Magnolia C

Using Narrative to Build Critical Consciousness and Identity in Racialized Emerging Adults

Moderator: Rolanda L. Ward, Professor of Social Work, BSW and Department Chair, Endowed Faculty Director, Rose Bente Lee Ostapenko Center for Race, Equity, and Mission.

Panel 1: Brenda L. Jimenez- CEO, MENTOR New York, an organization that is advancing racial justice through mentoring.

Panel 2: Dr. Elizabeth Santiago is the author of *The Moonlit Vine*, a book for young people and emerging adults, which brings readers a powerful story of the collective struggle, hope, and liberation of Puerto Rican and Taíno peoples. Dr. Elizabeth Santiago is Founder, *The Untold Narratives*, which helps individuals discover and right their stories, and Senior Consultant, MENTOR National.

Panel 3: Dr. Antoinette Basualdo-Delmonico is the Vice President of Impact & Learning at YouthBuild USA. Dr. Antoinette is the Co-PI on a research study, funded by The John Templeton Foundation, that is examining how organizations build curricula around emerging adults' narratives about love.

Organized Paper Sessions

10C - Jessamine

Unveiling Experiences in Emerging Adulthood: Health Management, Mental Health Access, and Personal Identity

Chair: Tiernyn Gingerich

Paper 1: "Ignored and underestimated": Mental Health Accessibility and Emerging Adulthood – Tiernyn Gingerich & Abigail Hayes

Paper 2: Understanding the provider perspective of the experience of emerging adults and their parents in managing congenital heart disease: A qualitative study – Amy Delaney, Corrine Jurgens, & Christopher Lee

Paper 3: Not so personal grooming: A look into the layered influences on personal grooming and pubic hair maintenance – Madelyn Toman & Rose Wesche

11C - Carolina

Resilience and Civic Identity: Emerging Adults Navigating Violence and Conflict

Chair: Roni Eyal-Lubling

Paper 1: Generational Consciousness in Times of War: Examining the October 7th Massacre and Iron Swords War as Formative Events for Emerging Adults in Israel - Roni Eyal-Lubling & Noa Lavie

Paper 2: Navigating Civic Identity in Conflict: An Integrative Literature Review on Emerging Adults in Aggressor States - Violeta Soboleva

Paper 3: Black Emerging Adult Male Resilience from Community Gun Violence – Indya Walker

12C - Palmetto

Emerging Adulthood in Africa and India: Markers, Flourishing, and Mental Health

Chair: Zipporah Kaaria

Paper 1: Flourishing among Emerging Adults and Implications for Mental Health in the Kenyan Context - Zipporah Kaaria

Paper 2: Markers of Adulthood in sub-Saharan Africa: Contextualized Findings – Selma Uugwanga & Luzelle Naude

Paper 3: Status of Flourishing among Indian Emerging Adults – Amrut Bang & Prathamesh Dhadse

Friday, June 6, 9:15 – 10:30

Presidential Address – Grand Magnolia A



Carolyn Barry

The New Normal of Emerging Adulthood in a Post-Pandemic World: Challenges, Opportunities, and Recommendations

The COVID-19 pandemic was a historic event that suspended people's lives around the globe. The pandemic inverted normal developmental processes resulting in more time spent within one's family of origin and less time immersed in peer contexts, at least in person. Super vigilance on states of physical health ensued and social distancing contributed to feelings of social isolation for many. It has been five years since the world went into lockdown in 2020. Thus, it is important to consider how this historic event has contributed to what emerging adulthood looks like today. This presidential address will examine emerging adults' physical, cognitive, social, and psychological domains that have been shaped by the pandemic and what this new normal entails. Thereafter, the challenges and

opportunities for emerging adults today will be articulated. Lastly, I will provide recommendations for practitioners in structuring contexts that support emerging adults given this new landscape.

Bio: Carolyn Barry earned her B.S. in Psychology from Ursinus College and her Ph.D. in Human Development from University of Maryland-College Park. From 2001-2024, she was a faculty member of psychology at Loyola University Maryland and earned full professor rank in 2015. Then in 2019 she transitioned to be the Associate Dean for Social Sciences and Graduate Programs. Since July 2024, she has shifted institutions and roles. She is now a professor of Psychology and Dean of the College of Arts and Sciences at the University of Scranton. She is widely published on emerging adults' close relationships and adjustment, as well as their meaning-making. She serves on the editorial board for *Emerging Adulthood* and *Journal of Youth and Adolescence*. She is the 2023 recipient of Ursinus College Alumni Professional Achievement Award, and the 2011 Faculty Award for Excellence in Service-Learning and Engaged Scholarship.

Friday, June 6, 10:45 – 12:00

Invited Presidential Roundtable / SSEA-SRA Joint Session

Grand Magnolia A

Directly following the Presidential Address, a roundtable discussion will occur to converse about the role that COVID-19 pandemic has played on adolescents and emerging adults. Four scholars coming from one or both professional societies (Society for the Study of Emerging Adulthood and the Society for Research on Adolescence) will share their research and clinical experience from around the globe on adolescents and emerging adults who are most vulnerable by virtue of one or more factors. They will discuss both the challenges and opportunities that have emerged for these youth in a post-pandemic world. Further, they will provide recommendations for practitioners in their work with such youth. Lastly, we will discuss policies, programs, and systems that have or should be implemented coming out of COVID-19 to best support these youth in support of their thriving in complexity.

Roundtable Panelists:

- Carolyn McNamara Barry, Ph.D., Dean of the College of Arts & Sciences and Professor of Psychology, University of Scranton, United States (Moderator)
- Adebunmi Oyekola, Ph.D., Counseling and Human Development Studies, University of Ibadan, Nigeria
- Filomena Sabatella, Ph.D., Child and Adolescent Psychotherapy, ZHAW Zurich, Switzerland
- Mette Ranta, Ph.D., Department of Education, University of Helsinki, Finland
- Ann Skinner, Ph.D., Center for Child and Family Policy, Sanford School of Public Policy, Duke University, United States

Symposium

08 – Grand Magnolia C

Cultural Assets and Risks in the Macro- and Micro-Contexts of Emerging Adults

Chair: Barbara Thelamour

Discussant: Carla Hunter

Paper 1: Xenophobia in U.S. Media and Society and Identity Meaning Making among Immigrant-Origin Emerging Adults – Naila Smith, Christine Emuka, Devin Freeman-Robinson, Alexis Stokes, E. Skye Snider, & Barbara Thelamour

Paper 2: “Your Blackness is Your Own Thing”: Examining Peer Racial-Ethnic Socialization within Black Student Cultural Organizations – Barbara Thelamour, Immaculata Daikpor, Atziri Marquez, & Lauryn Smith

Paper 3: “The Sweeter the Juice?”: Black women’s racial and religious experiences at selective liberal arts colleges in the United States – Meredith Hope

Organized Paper Sessions

13A – Grand Magnolia B**Cultural Context, Identity, and Well-being in Emerging Adulthood**

Chair: Krysia Mossakowski

Paper 1: Does a Strong Ethnic Identity Counteract the Stress of Discrimination among Asian Emerging Adults in Hawaii? - Krysia Mossakowski

Paper 2: Family Ties and Cultural Identity: Examining Stress Among Hispanic College Students – Ayesha Bhatia, Sarah Erickson, Bryana Romero, & Trinity Esparza

Paper 3: Parent and Peer Ethnic-Racial Socialization among Emerging Adults: Examining Message Content and Associations with Multicultural, Colorblind, and Polycultural Ideologies – Alex Ajayi, Jillian Fish, & Moin Syed

Paper 4: Cultural Stress, Multicultural Beliefs, Daily Biculturalism, and Psychosocial Adjustment Among Hispanic College-Attending Emerging Adults - Seth Schwartz, Colleen Ward, Ágnes Szabó, & Jaimee Stuart

14A – Jessamine**Digital Interactions, Conflict, and Well-being in the Modern Landscape**

Chair: Leah LeFebvre

Paper 1: Ghosting Gone Dimensional: Mapping the Indirect Ghosting Disengagement Process – Leah LeFebvre & Joseph E. Honeycutt

Paper 2: Technology-mediated communication in close relationship networks – Yue Guo & Nicole Campione-Barr

Paper 3: A Structural Model of Young Adult College Women's Experiences with Negative Cyber-Conflict Strategies – Hans Saint-Eloi Cadely, Tiffani Kisler, & Tyler-Ann Ellison

Paper 4: Recent national/international traumatic events and links to internalizing symptoms and exacerbation by social media use - Diana Samek, Adrienne Duke-Marks, Brianna Crumly, & Ben J. Hinnant

15A - Carolina**The Emotional Landscape of Emerging Adulthood: Regulation, Culture, and Well-Being**

Chair: Yogesh Kumar Arya

Paper 1: Mindfulness, emotion regulation, aggression and wellbeing among emerging adults - Yogesh Kumar Arya & Aayushi Kukreja

Paper 2: Cultural Stress, Ethnic Identity, Mental Health, and Well-Being among U.S. Black, Hispanic, and Asian College Students: A Latent Profile Analysis - Duyen H. Vo, Aigerim Alpysbekova, Seo Woo Lee, Mia Cisco, Beyhan Ertanir, Sumeyra Sahbaz, Lea Nehme Kotocavage, Maria Duque, Evelyn Gualdron, & Seth Schwartz

Paper 3: Emotional World of Indian Emerging Adults – Amrut Bang & Ojas Krishnani

Paper 4: Ethnicity and childhood vulnerability: Their relation to achieving important life tasks in emerging adulthood – Tehila Refaeli & Edna Shimoni

16A - Palmetto**Emerging Adult Experiences: Overcoming Adversity, Mental Health, and Social Factors Across Contexts**

Chair: Amber Davis

Paper 1: A qualitative study of Black autistic young adults (ages 18 to 32) who have overcome inpatient psychiatric hospitalization, criminal justice involvement, or substance use - Amber Davis & Aurora Yank

Paper 2: Increasing rate of suicide among emerging adults in India: Challenges and the way forward – Tushar Singh

Paper 3: Sleep-related concerns mediate the association between cyber-sexual victimization and psychological distress among diverse college students – Casie Morgan, Lindsay Stager, Stephanie Amaya, Christin Mujica, Ruschelle Leone, Kelly Cue, Lindsay Orchowski, Alexandra Brockdorf, Amanda Gilmore, & Cristina Lopez

(Lunch – People of Color Luncheon, or on your own – 12:00 – 1:15)

Friday, June 6, 1:15 – 2:30

Innovative Session

06 – Grand Magnolia A

Emerging Adult Athletes: Challenges, Mental Health, and the Transition Out of Sport

This innovative session aims to foster active collaboration between researchers and practitioners by offering structured opportunities for interactive discussions around the unique challenges faced by emerging adult athletes. The session will be divided into two parts. The first will introduce perspectives on mental health and transitions, each followed by interactive discussions. The second part will feature a Q&A session, presenting key questions to encourage discussion and diverse perspectives.

Participants:

- Ohad Nahum, Clinical Psychologist & Teaching Fellow, The Academic College of Tel Aviv-Yaffo, Tel-Aviv, Israel
- Elodie Wendling, Assistant Professor, Washington State University
- Alan Reifman, Professor, Texas Tech University

Symposia

09 – Grand Magnolia C

Cultural and Contextual Considerations for Supporting STEM Success of Black and Latinx Undergraduate Students

Chair: Channing Matthews

Paper 1: Perceptual Shifts: Black HBCU STEM Students' Experiences with Growth Mindset – Elizabeth Wrightsman, Jaire Clarida, & Adrian Neely

Paper 2: Black Women in Engineering: Investigating the Lived Experiences Transitioning from HBCUs to PWIs – Aubray Chevannes, Cady Barbour, & Adrian Neely

Paper 3: Prioritizing Belonging in STEM Spaces: Examining Racial-Cultural Safety as a Pathway to Equitable STEM Outcomes – Christine Emuka, Anshita Singh, Taina Quiles, Channing Matthews, & Norma Lopez

Paper 4: Critical Consciousness Development Within and Beyond STEM Spaces – Anshita Singh, Christine Emuka, Taina Quiles, Norma Lopez, & Channing Matthews

14 – Carolina

Measuring the subjective experience of emerging adulthood: Revisiting classic tools to emphasize inter-individual variability in intra-individual change

Chair: Joseph McFall

Paper 1: Markers of adulthood in emerging adults: Items versus categories – Megan Wright, Darrin L. Rogers, & Evie J. Schultz

Paper 2: Scoring the Markers of Adulthood inventory to represent individual differences: A longitudinal simulation study to compare scoring approaches – Joseph McFall & Ali Luempert

Paper 3: Subjective age bias in emerging adults: associations with online presence, loneliness, and personality in an increasingly online world – Evie Schultz, Darrin L. Rogers, Megan T. Wright, Kyle A. Davis, & Alex Staco

Organized Paper Sessions

17A – Grand Magnolia B

Wellbeing and Stability in Emerging Adulthood: From Intervention to Measurement

Chair: Bilun Naz Böke

Paper 1: Adulting 101: Effectiveness and acceptability of a web-based, self-directed resource to support coping among emerging adults in university - Bilun Naz Böke, Jessica Mettler, Sohyun Cho, & Nancy Heath

Paper 2: Improving Adult Engagement with Opportunity Youth – Renee Spencer & Antoinette Delmonico

Paper 3: Perceived Life Stability During Emerging and Early Established Adulthood – Jonathon Beckmeyer & Tyler Jamison

Paper 4: Development of a multidimensional measure of wellbeing for emerging adults utilizing a convergent parallel mixed method design – Kelley Wick & Caron Clark

18A - Jessamine

The Diverse Experiences of Emerging Adults: Career, Society, and Personal Factors

Chair: Amrut Bang

Paper 1: Questions in the Minds of Indian Emerging Adults - Amrut Bang & Prathamesh Dhadse

Paper 2: Shaping Tomorrow in Changing Global Societies: Young People's Roles and Influence Amid Morocco's New Development Model's Policies and 2030 FIFA World Cup Development Plans - Valentin Chenier

Paper 3: Establishing an Early Warning System for STEM Attrition Relevant for Minoritized Emerging Adults - Kazumi Homma & Ciara Glover

Paper 4: Measuring the subjective experience of emerging adulthood: Revisiting classic tools to emphasize inter-individual variability in intra-individual change – Joseph McFall & Rolanda Ward

19A - Palmetto

Emerging Adults and the Gray Areas of Morality: Academic Dishonesty, Prosociality, and Values

Chair: Tabitha Holmes

Paper 1: "Everyone Does it and Professors Don't Care!" How Emerging Adults Make Sense of Academic Dishonesty – Tabitha Holmes, Kiann Rami, Paige Kessler, & Adrianna Eddy

Paper 2: Social Integration and Voluntary Actions: Prosociality of Emerging Adult Ethical Values - Patricia Herzog

Paper 3: Values' Becoming in Emerging Adulthood: Cross-cultural Comparisons - Lyudmyla Romanyuk

Friday, June 6, 2:45 – 4:00

Innovative Session

03 – Grand Magnolia A

Tensions Between Arab and Canadian Culture for Arab Immigrant Emerging Adults Settling in Canada

Settling in a new home country means having to navigate values and expectations between the heritage culture and the new host culture. Three goals stem from this session:

- 1) Discuss the impact that tensions have on the adjustment and acculturation process of emerging adults, with some focus on Arab immigrants and refugees
- 2) Assess whether such experience is applicable and relevant to other cultures
- 3) Derive through consultative methods professional and academic recommendations to support in reducing tensions and facilitating a successful acculturation process among emerging adults.

The session will have a sole session leader and is intended for both emerging and esteemed scholars in emerging adulthood studies.

Leader:

- Riham Al-Saadi, Assistant Professor, University of Windsor

Symposia

07 – Grand Magnolia B**Interpersonal Connections: Navigating Dating, Racism-Related Stress at University, and Race-related Conversations among Emerging Adults**

Chair: Royette Dubar

Paper 1: Differences in Relationship Attitudes Among Single Emerging Adult Dating App Users vs. Non-Users – Nicole Watkins

Paper 2: Dating is Important, But Should be Delayed Until 18 Years Old: Reflections on the Value of Romantic/Sexual Relationships and Attitudes Toward Dating Among English-speaking Caribbean Emerging Adults – Royette Dubar, Francine Commodore, Breanna Barrie, Chrisline Tavernier, & Dhanishka Pohuja

Paper 3: Navigating the COVID-19 Pandemic and the 2020 Anti-Racist Protests: Voices of Emerging Adults from Socio-Demographic Minority Groups in the U.S. – Paul Quach & Royette Dubar

10 – Carolina**Possibility development as the psychological core of adolescence and emerging adulthood: Empirical findings from China, Turkey, USA and Vietnam**

Chair: Andrew Babson

Paper 1: Possibility Development: Key Concepts and Recent Research in China – Michael Nakkula

Paper 2: Nature of Mentoring Sources to Support Future Planning for Vietnamese and Turkish High School Students: A Cross-Cultural Qualitative Study in Two Urban Schools – Deniz Inanici & Mikayla Do

Paper 3: Occupational Identity in the Age of AI: Workforce Development for Emerging Adults – Bruce Zou

Paper 4: A Case Study of Possibility Development in 12th-Grade Post-Secondary Planning Interventions – Jacqueline Joyce

Organized Paper Sessions

20A – Grand Magnolia C**Navigating Adversity: The Lived Experience of Marginalized Youth in the Transition to Adulthood**

Chair: Laura Johnston

Paper 1: Are There Racial Disparities in The Influence of Special Education on Mental Health During the Transition to Adulthood? - Laura Johnston

Paper 2: Perceived Discrimination in Emerging Adulthood: A Shared Yet Unequal Experience – Dawnsha Mushonga, Lisa Fedina, Melissa Bessaha, & Zibei Chen

Paper 3: Navigating Microaggressions in Academia: The Roles of Racial Socialization and Skin Tone in Emerging Adulthood: A Shared Yet Unequal Experience – Steven Berkley

Paper 4: Barriers to Post-Secondary Education among Marginalized Young Women – Tehila Refaeli & Raghda Alnabilsy

21A - Jessamine**Emotional Intelligence, Belonging, and Sociopolitical Development in Emerging Adulthood**

Chair: Meredith Hope

Paper 1: “Winter Will Not be Forever”: Black Emerging Adult Women’s Definitions of Hope - Meredith Hope & Misha Inniss-Thompson

Paper 2: (Home)places of Possibility: Black Emerging Adult College Women’s Sociopolitical Development in Urban Places - Gordon Palmer

Paper 3: Belonging and Becoming: Neighborhood Place Attachment in Emerging Adulthood - Mallory Sagehorn, Grace Bowman, Grace Savard, Desiree Alvarez-McNelis, & Jessica Finlay

Paper 4: Emotional Intelligence of Emerging Adults Working in Groups: A Qualitative Study – Ashley Vieira

22A - Palmetto

Transitions and Influences in Emerging Adulthood: Timing, Risk, and Support

Chair: Kaylin Ratner

Paper 1: Hurry Up and Wait: A New Perspective on Cohort-based Variations in the Transition to Adulthood - Kaylin Ratner, Erin F. Budesheim, Chelsea S. Alexander, Robert C. Klein, Simone Leinenweber, Lei Zhang, Talia Yue Zhao, Oswaldo Garcia Romero, Christopher M. Napolitano

Paper 2: You Only Live Once! Trajectories of Viewing Emerging Adulthood as a Time for Risk-Taking - Christina Schwartz

Paper 3: Social Partner Supports, Autonomy, and Re-Engagement: Academic Resilience across the College Transition - Nicolette Rickert & Eliza Hamby

Paper 4: Educating Emerging Adults: Identity-Mentoring Related Dilemmas of Rabbis Teaching Emerging Adults Talmud in Yeshiva Institutes - Yedidya Levy & Elli Schachter

*Welcome to the 2025 conference in
Charleston, South Carolina, June 4-6th at the
Hyatt House & Hyatt Place Charleston.*

Wednesday, June 4th

	Grand Magnolia B	Grand Magnolia C
9:00 - 9:15	SSEA & ISRI Identity Pre-Conference	Emerging Scholars - <i>Works in Progress</i>
9:15 - 9:30		
9:30 - 9:45		
9:45 - 10:00		
10:00 - 10:15		
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12:30 - 12:45		
12:45 - 1:00		
1:00 - 1:15	SSEA & ISRI - <i>poster session</i>	Mental Health, Prevention Intervention, and Psychotherapy - <i>Emerging Adults'</i> <i>Mental Health,</i> <i>Psychotherapy,</i> <i>Prevention and</i> <i>Intervention: Case</i> <i>Illustrations and</i> <i>Common Themes</i>
1:15 - 1:30		
1:30 - 1:45		
1:45 - 2:00		
2:00 - 2:15		
2:15 - 2:30		
2:30 - 2:45		
2:45 - 3:00		
3:00 - 3:15		
3:15 - 3:30		
3:30 - 3:45		
3:45 - 5:00		
Break		
5:30 - 7:00	Opening reception with posters	

Thursday, June 5th

	Grand Magnolia A	Grand Magnolia B	Grand Magnolia C	Jessamine Room	Carolina Room	Palmetto Room	Sun Room
8:00 - 8:15							
8:15 - 8:30							
8:30 - 8:45	Membership survey results - Juan Zhong		8C Paper session: Supporting Young People Transitioning from Foster Care	14C Paper session: Emerging Adult Sexuality: Attitudes, Experiences, and Well-Being	15C Paper session: Solitude, Connection, and AI: Emerging Adult Experiences		
8:45 - 9:00							
9:00 - 9:15	Opening Remarks						
9:15 - 9:30							
9:30 - 9:45	(Magnolia A & B) Lene Arnett Jensen Keynote - Understanding Emerging Adults in Today's Global World: The Cultural-Developmental Approach						
9:45 - 10:00							
10:00 - 10:15							
10:15 - 10:30							
10:30 - 10:45	BREAK						
10:45 - 11:00							
11:00 - 11:15	ISRI & SSEA collaboration - Elli Schachter and Kaylin Ratner	Paper session: Arnett dissertation award presenters	Symposium: The Importance of Financial Socialization (05)	Symposium: Beyond the Monoracial Paradigm (02)	Symposium: Navigating Complexity: Relational, Digital, and Community Pathways to Thriving (03)	1A Paper session: Trauma and Resilience in Emerging Adulthood	
11:15 - 11:30							
11:30 - 11:45							
11:45 - 12:00							
12:00 - 12:15	Poster Session 2 & Lunch						
12:15 - 12:30							
12:30 - 12:45							
12:45 - 1:00							
1:00 - 1:15							
1:15 - 1:30	Byron Adams - Presidential Session: Documentary screening and discussion	Innovative session 02 - Ohad Nahum - When Emerging Adulthood Doesn't Emerge: Understanding Non-Emergence as a Developmental Trajectory	Innovative session 05 - Clara Glover - Fostering Connections: Scholars Exploring the Ecology of Minoritized Emerging Adults'	Innovative session 09 - Andrew Babson - Possibility Development in Dialogue: Foundations, Findings and Emerging Research	2B Paper session: Relationships and Commitment in Emerging Adulthood	3B Paper session: Developmental Pathways and Well-being in Emerging Adulthood	23A Paper session: Substance Use in Emerging Adulthood
1:30 - 1:45							
1:45 - 2:00							
2:00 - 2:15							
2:15 - 2:30							
2:30 - 2:45	BREAK						
2:45 - 3:00	Dalal Katsifiacis - Emerging Adults from Immigrant-Origins	Symposium: The Impact of Wise Interventions: Cultivating Purpose and Belonging in Emerging Adulthood (13)	Innovative session 06 - Meredith Hope - Religion, spirituality, and your research: Toward more generative and integrative considerations	4A Paper session: Shaping Emerging Adulthood: Parental and Family Influences on Psychosocial Outcomes	5A Paper session: Navigating Identity and Connection: Emerging Adult Experiences Amidst the COVID-19 Pandemic	6A Paper session: Shaping Emerging Adulthood: Identity, Culture, and External Contexts	
3:00 - 3:15							
3:15 - 3:30							
3:30 - 3:45							
3:45 - 4:00							
4:00 - 4:15	BREAK						
4:15 - 4:30	Rick Silver - Autism, ADHD, and Emerging Adulthood: A Psychobiological Perspective on the Neurodivergent Brain's Struggle to Achieve Independence	Roundtable 02: The COVID-19 Mental Health Crisis	Symposium: Evaluating and Supporting Effective Implementation in Programs for Emerging Adults (06)	7C Paper session: Sibling Dynamics: Shaping Outcomes in Development and Mental Health		9C Paper session: Emerging Adult Peer Relationships in a Complex World	
4:30 - 4:45							
4:45 - 5:00							
5:00 - 5:15							
5:15 - 5:30							Emerging Scholars reception (5:15-6:30pm)
5:30 - 5:45							
5:45 - 6:00							
6:00 - 6:15							
6:15 - 6:30							
6:30 - 6:45							
6:45 - 7:00							
7:00 - 7:15							
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7:30 - 7:45							
7:45 - 8:00							
8:00 - 8:15							
8:15 - 8:30							
8:30 - 8:45							
8:45 - 9:00							
			Gala Dinner 630-9pm Grand Magnolia C				

Friday, June 6th

	Grand Magnolia A	Grand Magnolia B	Grand Magnolia C	Jessamine Room	Carolina Room	Palmetto Room				
8:00 - 8:15	Karla Vermeulen - Climate change/physical disasters		Roundtable 01: Using Narrative to Build Critical Consciousness and Identity in Racialized Emerging Adults	10C Paper session: Health Management, Mental Health Access, and Personal Identity	11C Paper session: Resilience and Civic Identity: Emerging Adults Navigating Violence and Conflict	12C Paper session: Emerging Adulthood in Africa and India: Markers, Flourishing, and Mental Health				
8:15 - 8:30										
8:30 - 8:45										
8:45 - 9:00										
9:00 - 9:15	BREAK									
9:15 - 9:30	Carolyn Barry Presidential Address - The New Normal of Emerging Adulthood in a Post-Pandemic World: Challenges, Opportunities, and Recommendations									
9:30 - 9:45										
9:45 - 10:00										
10:00 - 10:15										
10:15 - 10:30										
10:30 - 10:45	BREAK									
10:45 - 11:00	Invited Presidential Roundtable and SSEA-SRA Joint Session: Supporting Vulnerable Youth in a Post-Pandemic World (1 15)	13A Paper session: Cultural Context, Identity, and Well-being in Emerging Adulthood	Symposium: Cultural Assets and Risks in the Macro- and Micro-Contexts of Emerging Adults (8)	14A Paper session: Digital Interactions, Conflict, and Well-being in the Modern Landscape	15A Paper session: The Emotional Landscape of Emerging Adulthood: Regulation, Culture, and Well-Being	16A Paper session: Overcoming Adversity, Mental Health, and Social Factors Across Contexts				
11:00 - 11:15										
11:15 - 11:30										
11:30 - 11:45										
11:45 - 12:00										
12:00 - 12:15	Lunch (on your own)									
12:15 - 12:30										
12:30 - 12:45										
12:45 - 1:00										
1:00 - 1:15										
1:15 - 1:30	Innovative session 04 - Ohad Nahum - Emerging Adult Athletes: Challenges, Mental Health, and the Transition Out of Sport	17A Paper session: Wellbeing and Stability in Emerging Adulthood: From Intervention to Measurement	Symposium: Cultural and Contextual Considerations for Supporting STEM Success of Black and Latinx Undergraduate Students (09)	18A Paper session: The Diverse Experiences of Emerging Adults: Career, Society, and Personal Factors	Symposium: Measuring the subjective experience of emerging adulthood: Revisiting classic tools to emphasize inter-individual variability in intra-individual change (14)	19A Paper session: Emerging Adults and the Gray Areas of Morality: Academic Dishonesty, Prosociality, and Values				
1:30 - 1:45										
1:45 - 2:00										
2:00 - 2:15										
2:15 - 2:30										
2:30 - 2:45	Break									
2:45 - 3:00	Innovative session 03 - Riham Al-Saadi - Tensions Between Arab and Canadian Culture for Arab Immigrant Emerging Adults Settling in Canada	Symposium: Navigating Dating, Racism-Related Stress at University, and Race-related Conversations (07)	20A Paper session: The Lived Experience of Marginalized Youth in the Transition to Adulthood	21A Paper session: Emotional Intelligence, Belonging, and Sociopolitical Development in Emerging Adulthood	Symposium: Possibility development as the psychological core of adolescence and emerging adulthood: Empirical findings from China, Turkey, USA and Vietnam (10)	22A Paper session: Transitions and Influences in Emerging Adulthood: Timing, Risk, and Support				
3:00 - 3:15										
3:15 - 3:30										
3:30 - 3:45										
3:45 - 4:00										
4:00 - 4:15	END									
4:15 - 4:30										
4:30 - 4:45										
4:45 - 5:00										