

ABBY GOLDSTEIN

Editor, Applied Studies in Emerging Adulthood



Dr. Abby Goldstein is a Clinical Psychologist, Associate Professor, and Chair of the Department of Applied Psychology and Human Development at the Ontario Institute for Studies in Education, University of Toronto. She held a Canada Research Chair in the Psychology of Emerging Adulthood from 2016 to 2026. Her work advances applied, developmentally informed approaches to understanding emerging adulthood, shaped by early clinical experience with young adults facing substance use challenges. Drawing on Arnett's foundational framework, her research integrates theory and practice across substance use, mental health, and family relationships.

Dr. Goldstein brings extensive editorial and scholarly service experience to the role, including prior service as an Associate Editor for Emerging Adulthood and frequent ad hoc reviewing for journals spanning developmental and applied psychology. She served as President of the Society for the Study of Emerging Adulthood from 2021 to 2023 and views her editorship at the Journal of Applied Studies in Emerging Adulthood as a natural extension of this leadership. She is committed to ensuring the journal serves as a rigorous, applied resource that connects research, practice, and policy across diverse global contexts.